

CURRICULUM VITAE FOR EXTENSION EDUCATOR FACULTY

University of Idaho

NAME: Siew Guan Lee **DATE:** December 31, 2020

RANK OR TITLE: Assistant Extension Professor
Extension Educator

DEPARTMENT: University of Idaho Extension, Central District

OFFICE LOCATION: University of Idaho Extension, Twin Falls County
630 Addison Ave W, Suite 1600
Twin Falls, Idaho 83301

OFFICE PHONE: 208-734-9590
FAX: 208-734-9591
EMAIL: siewguanl@uidaho.edu
WEB: <https://www.uidaho.edu/twinfalls>

DATE OF FIRST EMPLOYMENT AT UI: September 25, 2017

DATE OF TENURE: Untenured

DATE OF PRESENT RANK OR TITLE: September 25, 2017

EDUCATION BEYOND HIGH SCHOOL:

Degrees:

M.S., 2017, Family and Consumer Sciences, University of Idaho, Moscow, Idaho.
B.S., 2013, Food and Nutrition, Dietetics Option, University of Idaho, Moscow, Idaho.

Certificates and Licenses:

National Restaurant Association, ServSafe Food Handler, 2020-2023.
Collaborative Institutional Training Initiative (CITI), Faculty/Staff - SBE Researcher Certificate, 2018-2021.
Commission on Dietetic Registration, Registered Dietitian (RD)/Registered Dietitian Nutritionist (RDN), 2013-present.
The Chartered Institute of Marketing, Professional Certificate in Marketing, 2005.

EXPERIENCE:

Teaching, Extension and Research Appointments:

Assistant Extension Professor and County Extension Educator, University of Idaho Extension, Twin Falls County, Twin Falls, Idaho, 2017-present.
Teaching Assistant, Family and Consumer Sciences, University of Idaho, Moscow, Idaho, 2015-2017.
Research Assistant, International Mealtimes, University of Idaho, Moscow, Idaho, 2016.
Preceptor, Coordinated Programs in Dietetics, University of Idaho, Coeur d'Alene, Idaho, 2013-2014.
Student Peer Tutor, University of Idaho, Moscow, Idaho, 2011-2012.

Academic Administrative Appointments:

Eat Smart Idaho Administrator, University of Idaho Extension Central District, Twin Falls, Idaho, 2017-present.

Non-Academic Employment including Armed Forces:

Accountant, Alantac Engineering (M) Sdn Bhd, Selangor, Malaysia, 2009.

Inside Sales Representative, Hewlett-Packard (M) Sdn Bhd, Kuala Lumpur, Malaysia,
2006-2008.
Business Development Executive, Alantac Engineering (M) Sdn Bhd, Selangor, Malaysia,
2002-2006.

TEACHING ACCOMPLISHMENTS:

Areas of Specialization:

Health and Nutrition
4-H Youth Development

Courses Taught:

Advanced Nutrition Laboratory, FCS 365, Fall 2016.
Clinical Dietetics I, FCS 364, Fall 2013, Fall 2014.
Intro to Clinical Dietetics, FCS 362, Spring 2017.
Concepts in Human Nutrition, FCS 205, Fall 2015, Spring 2016, Fall 2016.

Interns/Students Advised:

Carah Quigley, University of Idaho, Coordinated Program in Dietetics, 2020.
Abigail Mallory, Idaho State University, Dietetic Program Internship, 2020.
Michel Cardona Lopez, Idaho State University, Dietetic Program Internship, 2019.
Madison Crawford, College of Southern Idaho Agribusiness, 2018-2019.
Tania Espinoza, College of Southern Idaho, Criminal Justice, 2018-2019.
Mallory Daml, Idaho State University, Dietetic Program Internship, 2018.
Emily Bogaudou, Idaho State University, Dietetic Program Internship, 2018.
Sarah Madison, Idaho State University, Dietetic Program Internship, 2018.

Materials Developed:

Displays and Posters:

Lee, S.G., C. Jayo. and S. Wayment. Eat Smart Idaho Program, Burley Farmer's Market, Burley, Idaho, August 6, 2020.
Lee, S.G., C. Jayo. and S. Ettesvold. Eat Smart Idaho: Rethink your drink, Buhl Summer Fun Day, Buhl, Idaho, July 16, 2019.
Lee, S.G. and C. Jayo. Choose MyPlate: Let's eat for the health of it, Magic Valley Refugee Day Celebration, Twin Falls, Idaho, June 21, 2019.
Lee, S.G. and C. Jayo. Eat Smart Idaho Program, South Central Community Action Partnership at the Park, Twin Falls, Idaho, September 15, 2018.
Lee, S.G. and C. Jayo. Eat Smart Idaho: Eating on a budget, University of Idaho Kimberly Research & Extension Center Twilight Tour, Kimberly, Idaho, July 18, 2018.
Lee, S.G. and C. Jayo. Eat Smart Idaho: Rethink your drink, Buhl Summer Fun Day, Buhl, Idaho, July 17, 2018.
Lee, S.G. and C. Jayo. Eat Smart Idaho: Rethink your drink, USDA Summer Food Service Program, Gooding, Idaho, June 12, 2018.
Lee, S.G. and C. Jayo. Eat Smart Idaho Program, Jerome Field Day at the Park, Jerome, Idaho, May 18, 2018.
Lee, S.G., C. Jayo. and S. Ettesvold. Eat Smart Idaho: Rethink your drink, STEM+A Night, Robert Stuart Middle School, Twin Falls, Idaho, April 18, 2018.
Lee, S.G., C. Jayo and G. Manker. Eat Smart Idaho Program, Family Wellness Night, Valley School, Jerome, Idaho, March 8, 2018.
Lee, S.G. and C. Jayo. Eat Smart Idaho Program, Buhl Community Health and Information Fair, Buhl, Idaho, February 20, 2018.

PowerPoint/Slide Presentations:

Lee, S.G., G. Manker and S. Ettesvold. 2019. School Food Pantry: Mystery Box Cook-off.

Non-credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.**Health and Nutrition**

- Lee, S.G. Eating Smart Moving More, College of Southern Idaho Refugee Program, Twin Falls, Idaho, June 23-September 15, 2020 (11 Presentations)
- Lee, S.G. National Nutrition Month: Eat right, bite by bite, Twin Falls Senior Center, Twin Falls, Idaho, March 9, 2020.
- Lee, S.G. Different types of fats, Twin Falls Senior Center, Twin Falls, Idaho, February 10, 2020.
- Lee, S.G. Make better beverage choices, Twin Falls Senior Center, Twin Falls, Idaho, January 13, 2020.
- Lee, S.G. Tips to makeover your favorite holiday desserts, Twin Falls Senior Center, Twin Falls, Idaho, December 9, 2019.
- Lee, S.G. Eating better on a budget, Twin Falls Senior Center, Twin Falls, Idaho, November 11, 2019.
- Ferguson, K., J. Martinez and **S.G. Lee**. Produce prescriptions: A smart solution for health inequality, online webinar, October 21, 2019.
- Lee, S.G. Making smart breakfast choices, Twin Falls Senior Center, Twin Falls, Idaho, October 14, 2019.
- Lee, S.G. Malnutrition, Twin Falls Senior Center, September 9, 2019.
- Lee, S.G. Making smart choices when eating fast food, Valley House, Twin Falls, Idaho, September 3, 2019.
- Lee, S.G. Let's eat summer squash! Twin Falls Senior Center, Twin Falls, Idaho, August 12, 2019.
- Lee, S.G. How to use an air fryer, Twin Falls, Idaho, July 15, 2019.
- Lee, S.G. The season for berries, Twin Falls Senior Center, Twin Falls, Idaho, July 8, 2019.
- Lee, S.G. and C. Jayo. Choose MyPlate: Let's eat for the health of it, Magic Valley Refugee Day Celebration, Twin Falls, Idaho, June 21, 2019.
- Lee, S.G. High fructose corn syrup, Twin Falls, Idaho, June 21, 2019.
- Lee, S.G. A2 milk, Twin Falls, Idaho, June 21, 2019.
- Lee, S.G. All about the dairy group, Twin Falls Senior Center, Twin Falls, Idaho, June 10, 2019.
- Lee, S.G. Fiber, Twin Falls Senior Center, Twin Falls, Idaho, May 13, 2019.
- Lee, S.G. Tips for a "choosy" eater, Twin Falls, Idaho, April 12, 2019.
- Lee, S.G. Special nutrient needs for older adults, Twin Falls Senior Center, Twin Falls, Idaho, April 8, 2019.
- Lee, S.G. and G. Manker. School food pantry: Mystery box cook-off, Master Food Safety Advisor Meeting, Twin Falls, Idaho, March 19, 2019.
- Lee, S.G. Fiber: 100% whole wheat bread versus white bread, Twin Falls, Idaho, March 18-22, 2019. (4 Presentations)
- Lee, S.G. and C. Jayo. Automated Self-Administered 24-hour Dietary Recall Training, Twin Falls, Idaho, March 15, 2019.
- Lee, S.G. The Role of Fiber, Twin Falls, Idaho, March 13-15, 2019. (3 Presentations)
- Lee, S.G. Fiber and Sugar Sweetened Beverages, Twin Falls, Idaho, March 12, 2019.
- Lee, S.G. MyPlate for Older Adults, Twin Falls Senior Center, Twin Falls, Idaho, March 11, 2019.
- Lee, S.G. Fiber: 100% Whole Wheat Bread Versus White Bread, Twin Falls, Idaho, March 7-8, 2019. (2 Presentations)
- Lee, S.G. Dietary Approach to Stop Hypertension (DASH) Diet, Twin Falls Senior Center, Twin Falls, Idaho, February 11, 2019.
- Lee, S.G. Tips for Cooking Safely with Low Vision, Commission for the Blind, Twin Falls, Idaho, January 31, 2019.
- Lee, S.G. How to Overcome Barriers to Eat Healthy, Twin Falls Senior Center, Twin Falls, Idaho, January 14, 2019.
- Lee, S.G. Healthy Potstickers Cooking Demonstration, Twin Falls, Idaho, December 14, 2019.

- Lee, S.G. Cooking Safely with Your Slow Cooker, Twin Falls Senior Center, Twin Falls, Idaho, December 10, 2018.
- Lee, S.G. Fixing Funky Food, Twin Falls, Idaho, November 19, 2018.
- Lee, S.G. Make Healthier Holiday Choices, Twin Falls Senior Center, Twin Falls, Idaho, November 12, 2018.
- Ferguson, K. and **S.G. Lee**. Fruit and Vegetable Prescription Program, Healthy Eating Active Living Idaho Regional Meeting, Twin Falls, Idaho, October 29, 2018.
- Lee, S.G. Plan: Know What's for Dinner, Twin Falls, Idaho, October 23, 2018.
- Lee, S.G. Cut Down Sodium, Twin Falls Senior Center, Twin Falls, Idaho, October 8, 2018.
- Lee, S.G. Fruit and Vegetable Prescription Program, Twin Falls, Idaho, September-October 2018. (7 Presentations)
- Lee, S.G. and C. Jayo. Eat Smart Idaho Program, South Central Community Action Partnership at the Park, Twin Falls, Idaho, September 15, 2018.
- Lee, S.G. Portion Size Matters, Twin Falls Senior Center, Twin Falls, Idaho, September 10, 2018.
- Lee, S.G., M. Ellsworth, S. Beem and A. Masoner. Cooking Matters for Child Care Professionals, Twin Falls, Idaho, September 8, 2018.
- Lee, S.G. Rethink Your Drink, Twin Falls Senior Center, Twin Falls, Idaho, August 6, 2018.
- Lee, S.G. and C. Jayo. Go, Glow, Grow, College of Southern Idaho Head Start Center Staff Trainings, Twin Falls, Idaho, August 2-3, 2018. (2 Presentations)
- Lee, S.G. and C. Jayo. Eat Smart Idaho: Eating on a Budget, University of Idaho Kimberly Research & Extension Center Twilight Tour, Kimberly, Idaho, July 18, 2018.
- Lee, S.G. Keep Food Safe! Twin Falls Senior Center, Twin Falls, Idaho, July 9, 2018.
- Lee, S.G. Got Your Dairy Today? Twin Falls Senior Center, Twin Falls, Idaho, June 11, 2018.
- Lee, S.G. and C. Jayo. Eat Smart Idaho, Albion, Idaho, May 22, 2018.
- Lee, S.G. Vary Your Protein, Twin Falls Senior Center, Twin Falls, Idaho, May 14, 2018.
- Lee, S.G. Choosing Whole Grain Foods, Twin Falls Senior Center, Twin Falls, Idaho, April 9, 2018.
- Lee, S.G. Sugar Substitutes, Twin Falls, Idaho, March 28, 2018.
- Lee, S.G. Go Further with Food, Twin Falls Senior Center, Twin Falls, Idaho, March 12, 2018.
- Lee, S.G. and G. Manker. Dining with Diabetes, Twin Falls, Idaho, February 28 – March 21, 2018. (4 Presentations)
- Lee, S.G. and C. Jayo. Eat Smart Idaho Program, Buhl Community Health and Information Fair, Buhl, Idaho, February 20, 2018.
- Lee, S.G. Tips for a Healthy Heart, Twin Falls Senior Center, Twin Falls, Idaho, February 12, 2018.
- Lee, S.G. Safe Transport of Food (Part 2), Twin Falls, Idaho, January 24, 2018.
- Lee, S.G. and C. Jayo. Eat Smart Idaho, Maximus, Twin Falls, Idaho, January 9, 2018.
- Lee, S.G. New Year's Resolutions, Twin Falls Senior Center, Twin Falls, Idaho, January 8, 2018.
- Lee, S.G. Safe Transport of Food (Part 1), Twin Falls, Idaho, December 12, 2017.
- Lee, S.G. Healthy Snacking Tips, Twin Falls Senior Center, Twin Falls, Idaho, December 4, 2017.
- Lee, S.G. Veggies: Creative & tasty ways to add more vegetables daily, Let's Move Child Care Providers Workshop, Twin Falls, Idaho, November 18, 2017.
- Lee, S.G. Omega 3 Versus Omega 6 Fatty Acids, Twin Falls, Idaho, November 14, 2017.
- Lee, S.G. Shop and cook to prevent T2, Idaho Diabetes Prevention Program, Rupert, Idaho, October 25, 2017.
- Lee, S.G. Hunger: Food security in the U.S. for feeding 9 billion people by 2050, Moscow, Idaho, 2017.

4-H Youth Development

- Lee, S.G. and G. Manker. School Food Pantry: Mystery Box Cook-off, Robert Stuart Middle School, Twin Falls, Idaho, December 3-5, 2020. (3 Presentations)
- Lee, S.G., C. Jayo. and S. Ettesvold. Farm to Table, Twin Falls, Idaho, July 29 - August 2, 2019. (4 Presentations)
- Lee, S.G., C. Jayo. and S. Ettesvold. Eat Smart Idaho: Rethink Your Drink, Buhl Summer Fun Day at the Park, Buhl, Idaho, July 16, 2019.

- Lee, S.G., G. Manker, C. Jayo and S. Ettesvold. School Food Pantry: Mystery Box Cook-off, Robert Stuart Middle School, Twin Falls, Idaho, April 24 – May 1, 2019. (3 Presentations)
- Lee, S.G. Rethink Your Drink: Sugar Sweetened Beverages, Twin Falls High School, Twin Falls, Idaho, April 15, 2019.
- Lee, S.G., C. Jayo and S. Ettesvold. Slow Cooker Recipes, Jerome High School, Jerome, Idaho, April 8, 2019.
- Lee, S.G., C. Jayo and S. Ettesvold. Menu Planning, Nutrition Facts Label Reading and Food Prices Comparison, Jerome High School, Jerome, Idaho, April 1, 2019.
- Lee, S.G., C. Jayo and S. Ettesvold. Food Insecurity in Idaho, Jerome High School, Jerome, Idaho, March 11, 2019.
- Lee, S.G. Handwashing, Wendell Elementary School, Wendell, Idaho, August 27, 2018. (4 Presentations)
- Lee, S.G. and C. Jayo. Eat Smart Idaho: Rethink Your Drink, Buhl Summer Fun Day, Buhl, Idaho, July 17, 2018.
- Lee, S.G. and C. Jayo. Eat Smart Idaho: Rethink Your Drink, USDA Summer Food Service Program, Gooding, Idaho, June 12, 2018.
- Lee, S.G. and C. Jayo. Eat Smart Idaho Program, Jerome Field Day at the Park, Jerome, Idaho, May 18, 2018.
- Lee, S.G., C. Jayo and S. Ettesvold. School Garden, Lincoln Elementary School, Twin Falls, Idaho, May 17, 2018.
- Lee, S.G., G. Manker and S. Ettesvold. School Food Pantry: Mystery Food Box Challenge Cook-off, Canyon Ridge High School, Twin Falls, Idaho, April 23-27, 2018. (3 Presentations)
- Lee, S.G., C. Jayo. and S. Ettesvold. Eat Smart Idaho: Rethink Your Drink, STEM+A Night, Robert Stuart Middle School, Twin Falls, Idaho, April 18, 2018.
- Lee, S.G., C. Jayo and G. Manker. Eat Smart Idaho Program, Family Wellness Night, Valley School, Jerome, Idaho, March 8, 2018.
- Lee, S.G. Vary Your Protein, Hansen Elementary School, Hansen, Idaho, February 9, 2018. (3 Presentations)
- Lee, S.G. Eating a Rainbow, Hansen Elementary School, Hansen, Idaho, February 2, 2018. (2 Presentations)
- Lee, S.G. Food Safety, 4-H Livestock Skill-a-thon, Jerome, Idaho, January 27, 2018.
- Lee, S.G. Eating a Rainbow, Hansen Elementary School, Hansen, Idaho, September 29, 2017.

SCHOLARSHIP ACCOMPLISHMENTS:

Publications, Exhibitions, Performances, Recitals:

Refereed:

Extension Publications:

Bulletins/Pacific Northwest (PNW) Publications:

- Lee, S.G., S. Ettesvold, and C. Jayo. 2020. Slow cooking from start to finish. University of Idaho Extension. PNW 735. <https://www.extension.uidaho.edu/publishing/html/PNW735-Slow-Cooking-from-Start-to-Finish.aspx?title=Recent&category1=Recent&category2=NULL>.

Peer Reviewed/Evaluated:

Abstracts and Proceedings:

- Lee, S.G., G. Manker, L. Foist and J. Buck. 2020. School pantry mystery box cook-off: An approach to educate teens on food security, National Association of Extension 4-H Youth Development Professionals Conference, Virtual Annual Meeting.

- Lee, S.G., A. Roe and C. Jayo. 2020. Fruit and vegetable prescription program improves dietary intake and health beliefs of at-risk pediatrics and caregivers, Society for Nutrition Education and Behavior Annual Conference, Virtual Meeting.
- Lee, S.G., G. Manker, S. Ettesvold, C. Jayo, A. Roe and N. Ghimire. 2019. School pantry mystery box cook-off: An approach to educate teens on food security, National Urban Extension Conference, Seattle, Washington.
- Ettesvold, S., G. Manker, **S.G. Lee** and C. Jayo. 2018. School pantry cook-off: A strategy to create food insecurity awareness and develop meal planning and cooking skills in teens, Society for Nutrition Education and Behavior Annual Conference, Minneapolis, Minnesota.
- Roe, A., J. Buck, K. Gardner, K. Hansen, C. Jayo, S. Johnson, **S.G. Lee**, B. Morrisroe-Aman, J. Peutz, S. Sandoval & B. Woodhouse. 2018. Eat Smart Idaho: Bridging nutrition education and environmental change for low-resource Idahoans, Idaho Academy of Nutrition and Dietetics Annual Conference, Sun Valley, Idaho.
- Ramsay, S.A., J. Davis, L. Keeney, S. Worden, **S.G. Lee**, M. Ferrante, J. Macias & D.L. Lizarraga. 2017. Use of the socioecological model to identify factors of an obesogenic environment in families with young children in Mexico, Society for Nutrition Education and Behavior Annual Conference, Washington D.C.
- Lee, S.G., M. Baniasadidehkordi, H. Joyner, C. Ross, W. Price & S. Ramsay. 2017. Effects of repeated texture exposure on young children's intake and liking of yogurts, Experimental Biology Annual Conference, Chicago, Illinois.

Other:

University of Idaho Extension Impact Statements:

- Lee, S.G., A. Roe and C. Jayo. 2020. The effectiveness of a fruit and vegetable prescription program for at-risk children. <https://www.uidaho.edu/-/media/UIIdaho-Responsive/Files/Extension/admin/Impacts/2020/19-20-slee-fruit-vegetable-program.pdf?la=en&hash=246845D83D2F5DC13726790F95C16AC0408A2F2B>
- Lee, S.G., C. Jayo, A. Roe and K. Hansen. 2019. Eat Smart Idaho Collaborates with Head Start to Reach Preschoolers. <https://www.uidaho.edu/-/media/UIIdaho-Responsive/Files/Extension/admin/Impacts/2019/24-19-slee-teach-preschoolers.pdf?la=en&hash=2E210FC63B054D48B0F911C3F008199081E1DEC6>
- Buck, J., G. Manker, J. Amende, B. Morrisroe-Aman and **S.G. Lee**. 2019. Dining with Diabetes Class Participants Increase Knowledge. <https://www.uidaho.edu/-/media/UIIdaho-Responsive/Files/Extension/admin/Impacts/2019/18-19-jbuck-diabetes.pdf?la=en&hash=C74FFED912ABE5FECBA93B5ACBF0D78CB6D84EF2>
- Lee, S.G., G. Manker, S. Ettesvold, C. Jayo, A. Roe, and N. Ghimire. 2018. School Pantry "Mystery Box Cook-Off" Increased Students' Food Insecurity Awareness. <https://www.uidaho.edu/-/media/UIIdaho-Responsive/Files/Extension/admin/Impacts/2018/21-18-sguanlee-food-insecurity.pdf?la=en&hash=9A33D7CA6F0B76AC13C407BB1B879CD73789D0A4>

Thesis and Dissertations:

- Lee, S.G. 2017. Repeated texture exposure increased children' intake of less preferred yogurt textures: Evidence for practice. Master of Science thesis.

Scholarly Presentations and Other Creative Activities:

Displays and Posters:

- Lee, S.G., A. Roe and C. Jayo. 2020. Fruit and vegetable prescription program improves dietary intake and health beliefs of at-risk pediatrics and caregivers, Society for Nutrition Education and Behavior Annual Conference, Virtual Meeting.
- Ettesvold, S., G. Manker, **S.G. Lee** and C. Jayo. 2018. School pantry cook-off: A strategy to create food insecurity awareness and develop meal planning and cooking skills in teens, Society for Nutrition Education and Behavior Annual Conference, Minneapolis, Minnesota.
- Roe, A., J. Buck, K. Gardner, K. Hansen, C. Jayo, S. Johnson, **S.G. Lee**, B. Morrisroe-Aman, J. Peutz, S. Sandoval & B. Woodhouse. 2018. Eat Smart Idaho: Bridging nutrition education and environmental change for low-resource Idahoans, Idaho Academy of Nutrition and Dietetics Annual Conference, Sun Valley, Idaho.
- Ramsay, S.A., J. Davis, L. Keeney, S. Worden, **S.G. Lee**, M. Ferrante, J. Macias & D.L. Lizarraga. 2017. Use of the socioecological model to identify factors of an obesogenic environment in families with young children in Mexico, Society for Nutrition Education and Behavior Annual Conference, Washington D.C.
- Lee, S.G., M. Baniasadidehkordi, H. Joyner, C. Ross, W. Price & S. Ramsay. 2017. Effects of repeated texture exposure on young children's intake and liking of yogurts, Experimental Biology Annual Conference, Chicago, Illinois.

Professional Meeting Papers, Workshops:

- Lee, S.G., G. Manker, L. Foist and J. Buck. 2020. School pantry mystery box cook-off: An approach to educate teens on food security, National Association of Extension 4-H Youth Development Professionals Conference, Virtual Annual Meeting.
- Lee, S.G., G. Manker, S. Ettesvold, C. Jayo, A. Roe and N. Ghimire. 2019. School pantry mystery box cook-off: An approach to educate teens on food security, National Urban Extension Conference, Seattle, Washington.

Patents:**Grants and Contracts Awarded:**

- Roe, A., K. Hansen, S. Johnson, J. Peutz, **S.G. Lee** and L. Foist. USDA Supplemental Nutrition Assistance Program Education, 2017-2021, \$2,983,044 (\$513,774 spending authority).
- Roe, A., K. Hansen, S. Johnson, J. Peutz, **S.G. Lee** and L. Foist. National Institute of Food and Agriculture Expanded Food and Nutrition Education Program, 2017-2021, \$1,258,722 (\$210,804 spending authority).
- Toomey, M., A. Roe, K. Hansen, S. Johnson, J. Peutz, **S.G. Lee** and L. Foist. 4-H Healthy Habits. National 4-H Council and the Walmart Foundation, 2019-2021, \$89,420 (no spending authority).
- Manker, G., J. Buck, **S.G. Lee** and J. Amende. Dining with Diabetes Outreach to Hispanic/Latinx Audiences, Innovative Project Awards, 2020, \$4,000 (\$1,000 spending authority).
- Roe, A., C. Vella, M. Powell and **S.G. Lee**. Nutrition Education Strategies to Increase Trout Consumption in Parent-child Dyads for Inflammatory and Cognitive Benefit, University of Idaho Family & Consumer Sciences Seed Grant Program, 2019, \$12,500 (no spending authority).
- Tsao, L., J. Dyckman and **S.G. Lee**. Mealtimes for Young Children: Factors Associating Child Feeding Practices Among Migrant and Seasonal Farmworker Families in Idaho, University of Idaho Family & Consumer Sciences Seed Grant Program, 2019, \$12,500 (no spending authority).

Roe, A., K. Hansen, S. Johnson, J. Peutz, **S.G. Lee**, L. Foist, K. Gardiner, J. Elvira, C. Jayo and B. Woodhouse. Cost Efficiency and Benefit Analysis of Eat Smart Idaho's SNAP-Ed Program, Innovative Project Awards, 2019, \$7,500 (no spending authority).

Lee, S.G. and A. Roe. Wholesome Wave: Fruit and Vegetable Prescription Program, 2018-2019, \$80,000 (\$6,000 spending authority).

Internal Funding Awarded:

Lee, S.G. Mildred Haberly Endowment Award to attend Society Nutrition Education and Behavior Annual Conference, 2020, \$1,300.

Lee, S.G. University of Idaho Extension Student Summer Internship, 400 hours, 2019, \$5,000.

Lee, S.G. University of Idaho Extension Twin Falls County Nutrition & Health Internship, 680 hours, 2019, \$8,500.

Lee, S.G. Mildred Haberly Endowment Award to attend National Urban Extension Conference, 2019, \$1,313.

Lee, S.G. National Extension Association of Family and Consumer Sciences First Timer Scholarship Award, 2018, \$425.

Lee, S.G. Mildred Haberly Endowment Award to attend National Extension Association of Family and Consumer Sciences Annual Session, 2018, \$1,929.

Lee, S.G. Joint Council of Extension Professionals Scholarship Award to attend Society for Nutrition Education and Behavior Annual Conference, 2018, \$300.

In-kind and Industry Support:

Villanueva, D., **S.G. Lee** and C. Jayo. Go Glow Grow, In-kind food demonstration/tasting items, College of Southern Idaho Head Start/Early Head Start, 2018-2021, \$2,000.

Schroeder, J., **S.G. Lee** and C. Jayo. Martha & Mary Food Pantry: Fast Food That's Not Fast Food, In-kind 60 slow cookers, 2019, \$1,000.

Lee, S.G. and A. Roe. Wholesome Wave: Fruit and Vegetable Prescription Program, In-kind Chobani yogurts and yogurt vouchers, 2018-2019, \$20,000.

Scholarship Honors and Awards:

Excellence in Multistate Collaboration Award -Team Award, Regional and National 2nd place, National Extension Association of Family and Consumer Sciences, 2019.

Outstanding Graduate Student, School of Family and Consumer Sciences, University of Idaho, Moscow, Idaho, 2016-17.

Gamma Sigma Delta Outstanding Graduate Student nomination, College of Agricultural and Life Sciences, University of Idaho, Moscow, Idaho, 2017.

Innovation Showcase Graduate Disciplinary Research Presentation 2nd place, University of Idaho, Moscow, Idaho, 2017.

SERVICE:

Major Committee Assignments:**National:**

National Extension Dining with Diabetes Curriculum and Evaluation Subcommittee, 2019-present

Extension:

University of Idaho Extension Advisory Committee, 2020

University of Idaho Extension Eat Smart Idaho Administrative Team, September 2017-present

University of Idaho Extension Health and Wellness Priority Extension Theme, September 2017-present

District:

Central District Eat Smart Idaho EFNEP Nutrition Instructor Search Committee Chair, 2019-2020

Central District Twin Falls County Nutrition & Health Summer Intern Search Committee Chair, 2019

Central District Twin Falls County Program Coordinator Search Committee Chair, 2018

Central District Twin Falls County Nutrition & Health Intern Search Committee, 2018

Central District Twin Falls County Horticulture Extension Educator Search Committee, 2018

Central District Professional Development Meeting Committee, October 2017-present

County/Local:

College of Southern Idaho Head Start/Early Head Start Health Advisory Board, November 2017-present

Professional and Scholarly Organizations:

Idaho Extension Association of Family and Consumer Sciences, 2017-present

National Extension Association of Family and Consumer Sciences, 2017-present

Magic Valley Dietitians Association, 2017-present

Society for Nutrition Education and Behavior, 2018-2019

Academy of Nutrition and Dietetics, 2017-2018

Outreach Service:**Classes, Workshops, Seminars, Share Fairs and Tours Organized:****Health and Nutrition**

ChooseMyPlate resources, University of Idaho Extension Eat Smart Idaho District III monthly update training, Twin Falls, Idaho, November 24, 2020.

University of Idaho Extension Twin Falls County Family and Consumer Sciences Advisory Committee Meeting, Twin Falls, Idaho, November 4, 2020.

Preparing frozen food, University of Idaho Extension Eat Smart Idaho District III monthly update training, Twin Falls, Idaho, October 28, 2020.

Using an air fryer for food demonstrations, University of Idaho Extension Eat Smart Idaho District III monthly update training, Twin Falls, Idaho, September 28, 2020.

Keto diet, University of Idaho Extension Eat Smart Idaho District III online training, September 3, 2020.

Pre and probiotics, University of Idaho Extension Eat Smart Idaho District III monthly update training, Twin Falls, Idaho, August 13, 2020.

University of Idaho Extension Eat Smart Idaho District III monthly update training, Twin Falls, Idaho, July 10, 2020.

Using Adobe Acrobat to create recipe cards, University of Idaho Extension Eat Smart Idaho District III online training, May, 2020.

COVID-19 Eat Smart Idaho alternative programming protocol, University of Idaho Extension Eat Smart Idaho District III online training, April 2020.

COVID-19 resources, University of Idaho Extension Eat Smart Idaho District III monthly update training, Twin Falls, Idaho, March 16, 2020.

Smarter Lunchroom in the Home, University of Idaho Extension Eat Smart Idaho District III monthly update training, Twin Falls, Idaho, February 28, 2020.

Dining with Diabetes (bilingual), Twin Falls, Idaho, February 24-March 9, 2020.

Eating Smart Moving More (series 2), University of Idaho Extension Eat Smart Idaho District III monthly update training, Twin Falls, Idaho, January 28, 2020.

Dining with Diabetes (bilingual), Jerome Recreation Center, Jerome, Idaho, January 15-February 5, 2020.

Eating Smart Moving More (series 2), University of Idaho Extension Eat Smart Idaho District III monthly update training, Twin Falls, Idaho, December 16, 2019.

Food safety protocols, University of Idaho Extension Eat Smart Idaho District III monthly update training, Twin Falls, Idaho, November 22, 2019.

Grocery store tour at Winco Foods, College of Southern Idaho Refugee Program, Twin Falls, Idaho, November 1, 2019.

Eating Smart Moving More, College of Southern Idaho Refugee Program, Twin Falls, Idaho, October 4-November 8, 2019.

Food allergy facts, University of Idaho Extension Eat Smart Idaho District III monthly update training, Twin Falls, Idaho, September 11, 2019.

What is a paleo diet? University of Idaho Extension Eat Smart Idaho District III monthly update training, Twin Falls, Idaho, September 11, 2019.

Anaerobic fermentation, Twin Falls County Fair, Twin Falls, Idaho, August 30, 2019.

Portion size matters, Community Council of Idaho Migrant and Seasonal Head Start Parent Meeting, Twin Falls, Idaho, July 24, 2019.

Choose MyPlate: Let's eat for the health of it, Magic Valley Refugee Day Celebration, Twin Falls, Idaho, June 21, 2019.

OATS wellness walk, Burley, Idaho, May 31, 2019.

Food preservation, Tubbs Berry Farm, Twin Falls, Idaho, May 11, 2019.

Eat Smart Idaho, Jerome High School Juntos Parent Night, Jerome, Idaho, May 3, 2019.

Eat Smart Idaho, Cassia Health Fair, May 3, 2019.

Cooking under pressure, Twin Falls, Idaho, April 11, 2019.

Cooking under pressure, Twin Falls, Idaho, April 9, 2019.

University of Idaho Extension Twin Falls County Advisory Committee meeting, Twin Falls, Idaho, April 4, 2019.

School food pantry: Mystery box cook-off, Master Food Safety Advisor Meeting, Twin Falls, Idaho, March 19, 2019.

Fiber: 100% Whole wheat bread versus white bread, Twin Falls, Idaho, March 18-22, 2019.

The role of fiber, Twin Falls, Idaho, March 13-15, 2019.

Fiber and sugar sweetened beverages, Twin Falls, Idaho, March 12, 2019.

Fiber: 100% Whole wheat bread versus white bread, Twin Falls, Idaho, March 7-8, 2019.

Shop for value: Grocery store tours, Twin Falls, Idaho, February 11-12, 2019.

Shop for value: Grocery store tours, Twin Falls, Idaho, February 8, 2019.

Eating Smart Moving More (6 lessons), Kimberly, Idaho, February 2019.

Eating Smart Moving More (6 lessons), Twin Falls, Idaho, February 2019.

Eating Smart Moving More (6 lessons), Twin Falls, Idaho, January 2019.

Eating Smart Moving More (6 lessons), Kimberly, Idaho, January 2019.

Plan: Know what's for dinner, Twin Falls, Idaho, October 23, 2018.

Fruit and Vegetable Prescription Program, Jerome, Idaho, October 5, 2018.

Eat Smart Idaho, South Central Community Action Partnership at the Park, Twin Falls, Idaho, September 15, 2018.

Fruit and Vegetable Prescription Program, Twin Falls, Idaho, September-October 2018.

Canning berry jam, Twin Falls, Idaho, August 31, 2018.

Eating Smart Moving More (6 lessons), Victory Home, Twin Falls, Idaho, August 2018.

Eat Smart Idaho: Eating on a budget, University of Idaho Kimberly Research & Extension Center Twilight Tour, Kimberly, Idaho, July 18, 2018.

Food preservation with The Country Gardens, Twin Falls, Idaho, May 5, 2018.

Dining with Diabetes, Twin Falls, Idaho, February 2018.

University of Idaho Extension Twin Falls County Family and Consumer Sciences Advisory Committee Meeting, Twin Falls, Idaho, February 21, 2018.

Eat Smart Idaho Program, Buhl Community Health and Information Fair, Buhl, Idaho, February 20, 2018.

Eat Smart Idaho, Maximus, Twin Falls, Idaho, January 9, 2018.

4-H Youth Development

Virtual Cooking Club: Kids in the Kitchen, online workshop, December 17, 2020.

Virtual Cooking Club: Kids in the Kitchen, online workshop, November 19, 2020.

Virtual Cooking Club: Kids in the Kitchen, online workshop, October 22, 2020

Go Glow Grow for 8 Head Start centers (22 classes), College of Southern Idaho Head Start/Early Head Start, October 2020-April 2021.

MyPlate | My Idaho summer camp, Twin Falls, Idaho, August 3-7, 2020.

Go Glow Grow, Boys and Girls Club of Magic Valley, Buhl, Idaho, July 13-17, 2020.

MyPlate | My Idaho summer camp, Boys and Girls Club of Magic Valley, Twin Falls, Idaho, July 6-10, 2020.

Choose Health: Food, Fun and Fitness summer camp, Boys and Girls Club of Magic Valley, Buhl, Idaho, June 22-26, 2020.

Go Glow Grow for 21 Head Start classes, College of Southern Idaho Head Start/Early Head Start, October 2019-April 2020.

Farm to Table summer camp, Boys and Girls Club of Magic Valley, Twin Falls, Idaho, July 29-August 2, 2019.

Choose Health: Food, Fun and Fitness summer camp, Boys and Girls Club of Magic Valley, Buhl, Idaho, July 22-26, 2019.

School food pantry: Mystery box cook-off, Robert Stuart Middle School, Twin Falls, Idaho, April 24-May 1, 2019.

School food pantry: Mystery box cook-off, Jerome High School, Jerome, Idaho, March 11-April 8, 2019.

Go Glow Grow school enrichment program, Hansen Elementary School, Hansen, Idaho, January 2019.

Go Glow Grow for 21 Head Start classes, College of Southern Idaho Head Start/Early Head Start, October 2018-April 2019.

Choose Health: Food, Fun and Fitness for 3rd-5th grades, Wendell Elementary School, Idaho, October 2018.

School food pantry: Mystery food box challenge cook-off, Canyon Ridge High School, Twin Falls, Idaho, April 23-27, 2018.

Dried fruits taste testing, Popplewell Elementary School, Buhl, Idaho, March 19, 2018.

Smarter Mealtimes, A Small World Childcare Center, Twin Falls, Idaho, January 30, 2018.

Smarter Lunchroom Movement. Lincoln Elementary School, Twin Falls, Idaho, January 25, 2018.

Yogurt ranch recipe taste testing, Summit Elementary School, Jerome, Idaho, January 18, 2018.

Yogurt ranch recipe taste testing, Jefferson Elementary School, Jerome, Idaho, January 16, 2018.

School enrichment program, Hansen Elementary School, Hansen, Idaho, September 2017-February 2018.

Miscellaneous Extension Publications:

Twin Falls Senior Center Monthly Newsletter (circulation 900):

Healthy eating tips for the holidays. December 2020.

Thanksgiving turkey tips. November 2020.

Eat right and shop smart. October 2020.

Savor the flavor with herbs and spices. September 2020.

Storing fresh fruits and vegetables for best flavor and quality. August 2020.

Food safety tips for summer grilling. July 2020.

How to handle fresh fruits and vegetables safely. June 2020.

Making mental health a priority during the COVID-19 pandemic. May 2020.

Beans, peas and lentils. April 2020.

Eat more greens to celebrate St. Patrick's Day. March 2020.

Tips for a healthy heart. February 2020.

Improving your eating habits through mindful eating. January 2020.
 Holiday recipe makeover. December 2019.
 Giving back this holiday season. November 2019.
 Food allergies vs. intolerances. October 2019.
 Serving size vs. portion size. September 2019.
 Stay hydrated this summer. August 2019.
 Beyond prunes. July 2019.
 All about the dairy group. June 2019.
 Kombucha. May 2019.
 Grow your own food. April 2019.
 National Nutrition Month. March 2019.
 Heart health. February 2019.
 Tips for a healthy eating plan as you get older. January 2019.
 Healthy holiday eating. December 2018.
 Turkey tips. November 2018.
 Pumpkin. October 2018.
 It's fair time! September 2018.
 Rethink your drink. August 2018.
 Keep food safe! July 2018.
 Dairy. June 2018.
 What is a whole grain? May 2018.
 Go further with food. April 2018.
 Tips for a healthy heart. March 2018.
 New year's resolutions. February 2018.
 Nutrition for older adults. January 2018.

Twin Falls County Quarterly Newsletter:

Family and Consumer Sciences. October 2020.
 Family and Consumer Sciences. April 2020.
 Family and Consumer Sciences. December 2019.
 Family and Consumer Sciences. October 2019.
 Family and Consumer Sciences. July 2019.
 Family and Consumer Sciences. January 2019.
 Family and Consumer Sciences. June 2018.
 Family and Consumer Sciences. May 2018.

Eat Smart Idaho Seasonal Newsletter:

Fall 2020. (English and Spanish)
 Summer 2020. (English and Spanish)
 Winter 2019. (English and Spanish)
 Fall 2019. (English and Spanish)
 Summer 2019. (English and Spanish)
 Spring 2019. (English and Spanish)
 Winter 2019. (English and Spanish)
 Fall 2019. (English and Spanish)
 Summer 2018.
 Spring 2018.
 Winter 2017.

Eat Smart Idaho Brochures:

All about cooking wild game meats. 2020.
 Benefits of breakfast. 2020.
 Seasonal produce with rainbow benefits (English and Spanish). 2020.
 Healthy homemade snacks. 2020.
 Hydration hacks. 2020.
 Wash your hands! (English and Spanish). 2020.
 How to cook dry beans, peas & lentils. 2019-2020.

Summer squash (English and Spanish). 2019-2020.
Cooking pasta (English and Spanish). 2019-2020.
Fast food that's not fast food: Slow cooker brochure (English and Spanish). 2019.
Beef and ham food safety tips. 2018-2020.
Turkey food safety tips. 2017-2020.

Interview Articles:

Stribling, A. A prescription for produce, University of Idaho Extension, September 2020.
Synder, C. Meet Siew Guan Lee: New consumer science educator joins Twin Falls Extension. Magic Valley Times-News, p. A7, October 23, 2017.

Judging:

Livestock educational board, Twin Falls County Fair, September 3, 2020.
Family, Career and Community Leaders of America district competition, February 11, 2020.
Family, Career and Community Leaders of America district competition, February 5, 2019.
Livestock educational board, Twin Falls County Fair, September 1, 2018.
Magic Valley Fuel Up to Play 60 Healthy Schools Innovation Challenge, May 9, 2018.
Family, Career and Community Leaders of America district competition, February 13, 2018.

Review Activities:

Fighting Alzheimer's disease with food curriculum, University of Idaho Extension, 2019.
National Extension Association of Family & Consumer Sciences Annual Session abstract review, 2019.

Community Service:

Chef partner and volunteer, Everybody Eats, Twin Falls First Methodist Church, 2019-present.

PROFESSIONAL DEVELOPMENT:**Teaching:**

Video script development training, University of Idaho Extension Zoom Training, November 10, 2020.
Best practices, tips, and tricks for hosting professional webinars, March 17, 2020.

Scholarship:

Impact evaluation writing training, Rupert, Idaho, April 24, 2019.
EFNEP 24-hr food recall training webinar, November 3, 2017.

Outreach:

Twin Falls Service Provider Zoom Meeting, Twin Falls, Idaho, November 17, 2020.
National Association of Extension 4-H Youth Development Professionals Conference, Virtual Annual Meeting, October 20-22, 2020.
National Extension Association of Family & Consumer Sciences Conference, Virtual Annual Session, September 14-16, 2020.
Northside Interagency Monthly Meeting, Jerome, Idaho, September 1, 2020.
Society for Nutrition Education and Behavior Annual Conference, Virtual Meeting, July 20-24, 2020.
American Society for Nutrition, Nutrition 2020 Live Online, June 1-4, 2020.
ServSafe re-opening guidance: COVID-19 precautions, National Restaurant Association, May 13, 2020.
University of Idaho Extension Annual Conference, Virtual Meeting, April 14-17, 2020.
ServSafe takeout: COVID-19 precautions, National Restaurant Association, March 27, 2020.
ServSafe delivery: COVID-19 precautions, National Restaurant Association, March 27, 2020.

Northside Interagency Monthly Meeting, Jerome, Idaho, 2019.
National Urban Extension Conference, Seattle, Washington, May 20-23, 2019.
Central District Spring Professional Development Meeting, Sun Valley, Idaho, May 14-15, 2019.
University of Idaho Extension Annual Conference, Idaho Falls, Idaho, March 25-28, 2019.
Northside Interagency Monthly Meeting, Jerome, Idaho, 2018.
SNEB Journal Club 7 webinar: A qualitative exploration into the parent-child feeding relationship, November 19, 2018.
Healthy Eating Active Living Idaho Regional Meeting, Twin Falls, Idaho, October 29, 2018.
Summit on Idaho Hunger & Food Security, Boise, Idaho, October 17, 2018.
National Extension Association of Family & Consumer Sciences Annual Session, San Antonio, Texas, September 24-27, 2018.
Society for Nutrition Education and Behavior Annual Conference, Minneapolis, Minnesota, July 21-24, 2018.
Stock healthy shop healthy workshop, Idaho Department of Health & Welfare, Boise, Idaho, July 10, 2018.
Central District Spring Professional Development Meeting, Albion, Idaho, May 22-23, 2018.
Idaho Academy of Nutrition and Dietetics Annual Conference, Sun Valley, Idaho, April 19-20, 2018.
University of Idaho Extension Annual Conference, Moscow, Idaho, April 2-6, 2018.
University of Idaho Extension Preserve @ Home food preservation online course, January-March 2018.
Northside Interagency Monthly Meeting, Jerome, Idaho, 2017.
Twin Falls Service Provider Meeting, Twin Falls, Idaho, December 19, 2017.
Incorporating tray waste evaluation into your Smarter Lunchroom webinar, November 15, 2017.
Healthy Eating Active Living Idaho Regional Meeting, Boise, Idaho, October 24, 2017.
The 60 strategies of the Smarter Lunchroom scorecard webinar, October 17, 2017.
Magic Valley Dietitians Meeting, Twin Falls, Idaho, October 12, 2017.

Administration/Management

Maintaining Your County Extension Office Civil Rights File Training. University of Idaho Extension Zoom Training, May 28, 2020.
Communicating the Public Value of Extension to Various Stakeholders, December 13, 2019.
Search Committee Training (Online). University of Idaho Professional Development online training. October 10, 2019.
Professionalism in the Workplace. University of Idaho Extension Zoom Training, October 7, 2019.
How to Handle Difficult Conversations and Managing Stress. University of Idaho Ombus Zoom Training, July 1, 2019.
Hiring, Onboarding and Supervising Employees Training. Jerome, Idaho, June 5, 2019.
Color Code Personality Training. University of Idaho Extension Zoom Training, June 3, 2019.
Finding the Top of Your Desk without Losing Your Sanity. University of Idaho Extension Zoom Training, May 6, 2019.