

# CURRICULUM VITAE

University of Idaho

**NAME:** Mike Kersten

**DATE:** August 23, 2021

**RANK OR TITLE:** Assistant Professor (Clinical Faculty)

**DEPARTMENT:** Psychology and Communication Studies

**OFFICE LOCATION AND CAMPUS ZIP:** Student Health Center 204 (Moscow Campus, 83843)

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**DATE OF FIRST EMPLOYMENT AT UI:** August, 20 2017

**DATE OF TENURE:** (Year or untenured) untenured

**DATE OF PRESENT RANK OR TITLE:** August, 20 2017

## EDUCATION BEYOND HIGH SCHOOL:

**Degrees:** (List most recent degree first: Degree, institution name, city, state, date, major or area of specialization.)

Ph.D., Experimental Psychology, Texas Christian University, Fort Worth, TX, 2017

Statistics Minor, Texas Christian University, Fort Worth, TX 2016

M.S., Experimental Psychology, Texas Christian University, Fort Worth, TX 2014

B.A., Psychology, California State University, Dominguez Hills, Carson, CA 2012

## Certificates and Licenses:

## EXPERIENCE:

**Teaching, Extension and Research Appointments:** (List position titles and locations since receipt of Bachelor's degree)

Assistant Professor, University of Idaho (Fall 2017-present)

Graduate Student/Research Associate, Texas Christian University (2012-2017)

**Academic Administrative Appointments:** (List position titles and locations since receipt of Bachelor's degree)

**Non-Academic Employment including Armed Forces:** (List title, brief description, date)

**Consulting:** (List company/institute name, title, brief description, date)

**TEACHING ACCOMPLISHMENTS:** (Academic and Extension teaching)

## Areas of Specialization: Social/Personality/Existential Psychology

**Courses Taught:** (title, course number, date(s))

**Positive Psychology**, University of Idaho

- In-person: Fall 2017, 2018, 2019, 2020, 2021, Spring 2018, 2019, 2020, 2021

- Online: Fall 2018, 2019, 2020, 2021 Summer 2018, 2019, 2020, 2021, Spring 2018, 2019, 2020, 2021

**Psychology of Emotion**, University of Idaho

- In-person: Fall 2017, 2018, 2019, 2020, 2021, Spring 2018, 2019, 2020

- Online: Spring 2018, 2019, 2020

**Introduction to Psychology**, University of Idaho

- In-person: Fall 2021

**Adult Development and Aging**, University of Idaho

- In-person: Spring 2021
- Online: Spring 2021

**Social Psychology**, Columbia College

- In-person: Spring 2017

**Psychology of Personality**, Texas Christian University

- In-person: Fall 2016

Distance and Extended Education Instructor**Developmental Psychology**, Independent Study in Idaho, March 2019-present**Positive Psychology**, Independent Study in Idaho, September 2019-present**Students Advised:****Academic Advisor for Psychology Majors**

- Fall 2021 – 49 undergraduate advisees
- Spring 2021 – 48 undergraduate advisees
- Fall 2020 – 30 undergraduate advisees
- Spring 2020 – 40 undergraduate advisees
- Fall 2019 – 40 undergraduate advisees
- Spring 2019 – 43 undergraduate advisees
- Fall 2018 – 43 undergraduate advisees

Undergraduate Students: (advised to completion of degree, number per year)

Graduate Students:

Advised to completion of degree-major professor (student name, degree, and date)

Served on graduate committee (student name, degree, and date)

**Materials Developed:** (non-scholarship activity)**Courses Developed:** Positive Psychology**Non-credit Classes, Workshops, Seminars, Invited Lectures, etc.:****Honors and Awards:****SCHOLARSHIP ACCOMPLISHMENTS:** (Including scholarship of teaching and learning, artistic creativity, discovery, and application/integration)**Publications, Exhibitions, Performances, Recitals:****Peer Reviewed/Evaluated:** (i.e. journals, articles, proceedings, abstracts, etc.)Kersten, M., Swets, J. A., Cox, C. R., Kusumi, T., Nishihata, K., & Watanabe, T. (2020). Attenuating pain with the past: Nostalgia reduces physical pain. *Frontiers in Psychology*. doi: 10.3389/fpsyg.2020.572881Kersten, M., Cox, C. R., Van Enkevort, E. A., & Arrowood, R. B. (2019). The influence of money-related metaphors on financial anxiety and spending. *Metaphor and Symbol*, 34, 229-242.  
doi: <https://doi.org/10.1080/10926488.2019.1683957>Abeyta, A., Routledge, C., Kersten, M., & Cox, C. R. (2017). The existential cost of economic insecurity: Exploring the relationship between financial threat and perceptions of meaning in life. *The Journal of Social Psychology*, 157, 692-702. doi: 10.1080/00224545.2016.1270892.

Arrowood, R. B., Cox, C. R., Kersten, M., Routledge, C., Shelton, J. T., & Hood, R. (2017). Ebola salience, death-thought accessibility, and worldview defense: A terror management theory perspective. *Death Studies, 41*, 585-591. doi: 10.1080/07481187.2017.1322644

Cox, C. R., & Kersten, M. (2016). Mortality salience increases language style matching and well-being. *Self and Identity, 15*, 1-16. doi:10.1080/15298868.2016.1154888

Kersten, M., Cox, C. R., & Van Enkevort, E. A. (2016). An exercise in nostalgia: Nostalgia promotes health optimism and physical activity. *Psychology & Health, 31*, 1166-1181. doi:10.1080/08870446.2016.1185524

Cox, C. R., Kersten, M., Routledge, C., Brown, E. M., & VanEnkevort, E. A. (2015). When past meets present: The relationship between website-induced nostalgia and well-being. *Journal of Applied Social Psychology, 45*, 282-299. doi:10.1111/jasp.12295

**Refereed/Adjudicated:** (i.e. books, book chaps., journals, proc., abstr., etc.; provide citations-author, date, title, publisher)

Van Enkevort, E. A., Cox, C. R., & Kersten, M. (2016). Attraction. In K. L. Nadal (Ed.), *Encyclopedia of psychology and gender*. Thousand Oaks, CA: SAGE Publications, Inc.

Carrier, L. M., Kersten, M., & Rosen, L. D. (2015). Searching for Generation M: Does multitasking practice improve multitasking skill? In L. D. Rosen, N. A. Cheever, & L. M. Carrier (Eds.), *The Handbook of Psychology, Technology and Society*. Hoboken, New Jersey: Wiley-Blackwell, 373-387.

**Other:** (reports, proceedings, papers, citations and references, performances)

**Refereed/Adjudicated (currently scheduled or submitted):** (provide citations)

**Peer Reviewed/Evaluated (currently scheduled or submitted):**

Cox, C. R., Ekas, N., Darrell, A., Van Enkevort, E. A., French, K., & Kersten, M. (under review). Nostalgia serves as a psychological resource for mothers of children with Autism Spectrum Disorder: A pilot study. *Research in Autism Spectrum Disorders*.

Cox, C. R., Kersten, M., French, K., & Arrowood, R. B. (under review). The effects of mortality salience on texting and driving behaviors. *PLOS One*.

Cox, C. R., Kersten, M., Routledge, C., Arrowood, R. B., Darrell, A., & Abeyta, A. (under review). Meaning in life (trait & state) is associated with greater Fitbit activity. *Psychology and Health*.

**Presentations and Other Creative Activities:** (i.e. slide sets, web pages, video productions, etc., provide date and location)

Cox, C. R., Arrowood, R. B., Darrell, A., & Kersten, M. (2019, February). *Meaning in life is associated with greater exercise behavior*. Poster to be presented at the annual meeting of the Society of Personality and Social Psychology, Portland, OR.

Cox, C. R., Kersten, M., Darrell, A., Routledge, C., Abeyta, A., French, K., Hefner, H., & Ji, K. (2018, March). *Meaning in life is associated with greater exercise behavior*. Poster presented at the annual meeting of the Society of Personality and Social Psychology, Atlanta, GA.

Kersten, M., French, K., Cox, C. R., & Ekas, N. (2018, March). *The effects of mortality salience on parental response*. Poster presented at the annual meeting of the Southwestern Psychological Association, San Antonio, TX.

Kersten, M. (2017, April). *The Relationship between Nostalgia and Physical Pain*. Symposium conducted at the annual meeting of the Southwestern Psychological Association, San Antonio, TX.

- Kersten, M., Hoffman, J., Mozo, P., & Cox, C. R. (2017, April). *The effects of mortality salience on parental response*. Poster presented at the annual meeting of the Southwestern Psychological Association, San Antonio, TX.
- Arrowood, R. B., Cox, C.R., Shelton, J., Hood, R. W., Coleman, T., Swanson, S., Weber, J., Kersten, M., & Routledge, C. (2017, January). *The interaction between real-world death manipulations and negative affect on mortality awareness and worldview defense*. Poster presented at the annual meeting of the Society of Personality and Social Psychology, San Antonio, TX.
- Cox, C. R., Arrowood, R. B., Kersten, M., & French, K. (2017, January). *Mortality salience increases death-thought accessibility and worldview defense among individuals high in BAP (Broad Autism Phenotype)*. Poster presented at the annual meeting of the Society of Personality and Social Psychology, San Antonio, TX.
- French, K., Darrell, A., Cox, C. R., Ekas, N., Van Enkevort, E. A., & Kersten, M. (2017, January). *Nostalgia serves as a psychological resource for mothers of children with Autism Spectrum Disorder: A pilot study*. Poster presented at the annual meeting of the Society of Personality and Social Psychology, San Antonio, TX.
- Kersten, M., Cox, C. R., Kusumi, T., Nishihata, K., & Watanabe, T. (2017, January). *Attenuating pain with the past: The relationship between nostalgia and physical pain*. Poster presented at the annual meeting of the Society of Personality and Social Psychology, San Antonio, TX.
- Kersten, M. (2016, August). *The Effect of Nostalgia on Psychological, Social, and Physical Well-being*. Invited lecture presented at the Kyoto University Psychology Department Seminar, Kyoto, Japan.
- Kersten, M., Alfieri, K., Davis, D., & Cox, C. R. (2016, April). *Attenuating pain with the past: The relationship between nostalgia and physical pain*. Poster presented at the annual meeting of the Southwestern Psychological Association, Dallas, TX.
- Kersten, M., Alfieri, K., Sullivan, C., Van Enkevort, E. A., & Cox, C. R. (2016, April). *Nostalgia promotes health optimism and physical well-being*. Poster presented at the annual meeting of the Southwestern Psychological Association, Dallas, TX.
- Sullivan, C., Kersten, M., Alfieri, K., Van Enkevort, E. A., & Cox, C. R. (2016, April). *The influence of money-related metaphors on financial anxiety and spending*. Poster presented at the annual meeting of the Southwestern Psychological Association, Dallas, TX.
- Sullivan, C., Kersten, M., & Cox, C. R. (2016, April). *The effects of mortality salience on texting behavior and driving performance*. Poster presented at the annual meeting of the Southwestern Psychological Association, Dallas, TX.
- Van Enkevort, E. A., Kersten, M., Cox, C. R., & Ekas, N. (2016, April). *The relationship between nostalgia and well-being in parents of children with Autism Spectrum Disorder*. Poster presented at the annual meeting of the Southwestern Psychological Association, Dallas, TX.
- Alfieri, K., Lemke, A., Kersten, M., & Cox, C. R. (2016, January). *Close relationships buffer the effects of mortality salience among depressed individuals*. Poster presented at the annual meeting of the Society of Personality and Social Psychology, San Diego, CA.
- Kersten, M., Alfieri, K., Sullivan, C., Van Enkevort, E. A., & Cox, C. R. (2016, January). *Health optimism mediates the relationship between nostalgia and physical well-being*. Poster presented at the annual meeting of the Society of Personality and Social Psychology, San Diego, CA.
- Sullivan, C., Kersten, M., Van Enkevort, E. A., & Cox, C. R. (2016, January). *Show me the money: The influence of money-related metaphors on financial anxiety and spending*. Poster presented at the annual meeting of the Society of Personality and Social Psychology, San Diego, CA.
- Kersten, M., Alfieri, K., Sullivan, C., & Cox, C. R. (2015, February). *An exercise in nostalgia: The role of optimism*

- in the relationship between nostalgia and physical health.* Poster presented at the annual meeting of the Society of Personality and Social Psychology, Long Beach, CA.
- Kersten, M., Routledge, C., Alfieri, K., Sullivan, C., & Cox, C. R. (2015, February). *Is nostalgia recession proof?: Nostalgia buffers the effects of scarcity on money anxiety.* Poster presented at the annual meeting of the Society of Personality and Social Psychology, Long Beach, CA.
- Kersten, M., Swanson, T., Freeman, H., & Cox, C. R. (2014, April). *The language of death: The effects of mortality salience on language style matching.* Poster presented at the annual meeting of the Southwestern Psychological Association, San Antonio, TX.
- Kersten, M., Alfieri, K., Freeman, H., Sullivan, C., & Cox, C. R. (2014, April). *The anxiety-buffering effects of nostalgia on money anxiety.* Poster presented at the annual meeting of the Southwestern Psychological Association, San Antonio, TX.
- Kersten, M., Swanson, T., Freeman, H., & Cox, C. R. (2014, February). *The language of death: The effects of mortality salience on language style matching.* Poster presented at the annual meeting of the Society of Personality and Social Psychology, Austin, TX.
- Kersten, M., Alvarez, S., Beck, R., & Cox, C. R. (2013, April). *Virtual mortality: Death cognition and worldview defense among Facebook users.* Poster presented at the annual meeting of the Southwestern Psychological Association, Fort Worth, TX.
- Brown, E. M., Kersten, M., Cox, C. R., & Routledge, C. (2013, April). *Sweet remembrance: The role of nostalgia in social media and well-being.* Poster presented at the annual meeting of the Southwestern Psychological Association, Fort Worth, TX.
- Kersten, M., Arikan, M., & Carrier, L.M. (2012, August). *Practiced, but not perfect: The relationship between multitasking frequency and multitasking skill in Americans from the Net Generation.* Poster presented at the annual meeting of the American Psychological Association, Orlando, FL.
- Kersten, M., Arikan, M., & Carrier, L.M. (2012, April). *Practiced, but not perfect: The relationship between multitasking frequency and multitasking skill in Americans from the Net Generation.* Poster presented at the annual meeting of the Western Psychological Association, San Francisco, CA.
- Torres, E., Kersten, M., Rosen, L.D., & Carrier, L.M. (2011, April). *Bereavement and coping with grief through online social networks.* Poster presented at the annual meeting of the Western Psychological Association, Los Angeles, CA.
- Kersten, M., & Carrier, L.M. (2012, April) *Til' death do us part: Youth's attachment to social networking as a means of symbolic immortality.* Symposium conducted at the annual meeting of the Western Psychological Association, San Francisco, CA.
- Kersten, M., Arikan, M., & Carrier, L.M. (2011, November). *Practiced, but not perfect: The relationship between multitasking frequency and multitasking skill in Americans from the Net Generation.* Symposium conducted at the Southern California Conference for Undergraduate Research, Walnut, CA.
- Torres, E., Kersten, M., Rosen, L.D., & Carrier, L.M. (2011, February). *Cybergrieving: Seeking Support within an Online Community.* Symposium conducted at California State University, Dominguez Hills Student Research Day, Carson, CA.

**Professional Meeting Papers, Workshops, Showings, Recitals:** (provide date and location)

**Patents:** (provide title/description, patent number and date)

**Grants and Contracts Awarded:** (provide principal and co investigators, title, sponsor, funding dates, amount)

East Asia and Pacific Summer Institute Fellowship, National Science Foundation, (\$12,000), 2016

**Honors and Awards:**

**SERVICE:**

**Major Committee Assignments:** (National, State, District, County, University, College, Departmental and dates)

University of Idaho

Department Committees

- Undergraduate Studies Committee, Fall 2020-present (Chair, Fall 2021-present)
- Departmental Graduate Committee, Fall 2019-Summer 2020
- Departmental Faculty Search Committee, Fall 2018-Spring 2021
- Departmental External Relations Committee, Fall 2017-present

University Committees

- Student Financial Aid Committee, Fall 2021-present
- Commencement Committee, Fall 2018-Spring 2021 (Chair, Fall 2020-Spring 2021)

External Committee

Psychology Program Review Board, North Idaho College, November 2019

**Professional and Scholarly Organizations** (including memberships, committee assignments, editorial services, offices held and dates)

Society for Personality and Social Psychology

Southwest Psychological Association

Western Psychological Association

**Outreach Service:** (Including popular press, interview articles, newspaper articles, workshops-seminars-tours organized, Extension impact statements)

Prison Lecture Series at Orofino State Penitentiary (Invited Lecturer), August 2019

**Community Service:** (non-academic unrelated to employment)

**Honors and Awards:**

**PROFESSIONAL DEVELOPMENT:** (workshops and seminars attended)

**Teaching:** CLASS Summer Online Teaching Institute, 2018

**Scholarship:**

**Outreach:**

**Administration/Management:**