



# Professional Course Teaching Preference Sheet

**INSTRUCTIONS:** Identify areas which represent your teaching strengths. Only check areas in which you have experience, knowledge, and skill necessary to teach a course(s). Provide evidence of any certifications/specialties that support your teaching ability.

Content/Teaching Area	Level of Expertise			Certifications/Specialties
	BEG.	INTERM.	ADV.	
Physical Activity, Wellness, Behavior Change				
Anatomy and Physiology				
Biomechanics				
Dance Styles/Forms				
Critical Health Issues				
Tourism and Leisure				
Exercise Physiology				
Fitness Assessment and Prescription				
Physical Education Pedagogy				
Health Promotion				
Health Education				
Inclusive Physical Education and Recreation				
Motor Behavior				
Outdoor Recreation Pursuits/Activities				
River Recreation Activities				
Outdoor and Adventure Leadership				
Psychosocial Determinants of Health				
Research Design and Analysis				
Sports/Exercise Psychology				
Athletic Injury/Injury Prevention				
Strength and Conditioning				
Movement-Skill Analysis				
<b>Other Areas (not identified above)</b>				

Please list the three courses that you would prefer to teach. These choices should represent your strongest preparation areas.

1<sup>st</sup> Choice: \_\_\_\_\_

2<sup>nd</sup> Choice: \_\_\_\_\_

3<sup>rd</sup> Choice: \_\_\_\_\_



# Coordination, Leadership and Activity Content Sheet

**INSTRUCTIONS:** Identify areas which represent your coordinating, leadership and physical activity teaching strengths. Only check areas in which you have experience, knowledge, and skill necessary for leadership and teaching. Provide evidence of any certifications/specialties that support your abilities.

Coordinating, Leadership, Content/Teaching Areas	Level of Expertise/Experience			Certifications/Specialties/Examples
	BEG.	INTERM.	ADV.	
Coordinating/Management				
• Scheduling				
• Budgeting				
• Equipment Management				
• Working w/Staff & Instructors				
• Risk/Safety				
Leadership				
• Share Decision Making				
• Building/Maintaining Relationships				
• Mentor/Supervise				
• Curriculum/Course Development				
• Program and Staff Marketing				
Pedagogy/Content/Teaching Areas				
• Pedagogical Knowledge				
• Pedagogical Skills				
• Resistance Training				
• Yoga/Pilates/Zumba				
• Personal Fitness				
• Water Sports/Swimming				
• Invasion Sports (soccer, etc.)				
• Net/Wall Sports (tennis, etc.)				
• Outdoor Recreation (mt. bike, etc.)				
• Target (archery, etc.)				
• Martial Arts (karate, etc.)				
<b>Other Areas (not identified above)</b>				

Please list the three leadership strengths you possess that make you well qualified.

1<sup>st</sup>: \_\_\_\_\_

2<sup>nd</sup>: \_\_\_\_\_

3<sup>rd</sup>: \_\_\_\_\_

Email completed applications to: Dr. Philip W. Scruggs [pwscruggs@uidaho.edu](mailto:pwscruggs@uidaho.edu)