

CURRICULUM VITAE

University of Idaho

NAME: Julie S. Son

DATE: 02-01-18

RANK OR TITLE: Associate Professor; Program Director - Recreation, Sport, and Tourism Management

DEPARTMENT: Movement Sciences

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DATE OF FIRST EMPLOYMENT AT UI: July 2011

DATE OF TENURE: August 2013

DATE OF PRESENT RANK OR TITLE: August 2013

EDUCATION BEYOND HIGH SCHOOL:

Ph.D., Department of Recreation, Park and Tourism Management, The Pennsylvania State University, University Park, PA, 2006, Leisure Studies with a Minor in Gerontology

M.A., University of Nevada, Reno, NV, 1999, Sociology with a Cognate in Social Psychology

B.A., Whitman College, Walla Walla, WA, 1996, Psychology with a Minor in English, summa cum laude

EXPERIENCE:

Teaching, Extension and Research Appointments:

Associate Professor, Department of Movement Sciences, University of Idaho, Aug 2013 – present.

Assistant Professor, Department of Movement Sciences, University of Idaho, Aug 2011 – May 2013.

Assistant Professor, Department of Recreation, Sport and Tourism, University of Illinois at Urbana-Champaign, Aug 2006 – May 2011.

Faculty Affiliate, Leisure, Health and Wellness Laboratory, University of Illinois at Urbana-Champaign, Aug 2006 – May 2011.

Faculty Affiliate, Diversity Laboratory, University of Illinois at Urbana-Champaign, Aug 2007 – present.

Faculty Affiliate, Center on Health, Aging and Disability, University of Illinois at Urbana-Champaign, Aug 2007 – May 2011.

Pre-Doctoral Research Fellow, Department of Recreation, Park and Tourism Management, The Pennsylvania State University, Aug 2005 – May 2006.

Instructor/Teaching Assistant, Department of Recreation, Park and Tourism Management, The Pennsylvania State University, Aug 2003 – May 2005.

Pre-Doctoral Graduate Fellow, Department of Recreation, Park and Tourism Management, The Pennsylvania State University, Aug 2002 – May 2003.

Education and Research Coordinator, Administrative Faculty, Sanford Center for Aging, University of Nevada, Aug 2000 – Aug 2002.

Research Associate, Sanford Center for Aging, University of Nevada, Aug 1999 – July 2000.

Research Assistant, University of Nevada, Appointments included: Center for Aging, Center for Justice Studies, Office of Student Services, Psychophysiology Laboratory, Nevada State Demographer's Office, Aug 1996 – July 1999.

Teaching Assistant, Department of Sociology, University of Nevada, Jan 1997 – May 1998.

Academic Administrative Appointments:

Program Director - Recreation, Sport, and Tourism Management. Department of Movement Sciences, University of Idaho, Moscow, ID, Aug 2011 – present.

- Undergraduate Coordinator of Bachelor's degree in Recreation, Sport, and Tourism Management
- Coordinator of Two Minors - Outdoor Recreation Leadership, and Sustainable Tourism and Leisure Enterprises
- Graduate Coordinator of M.S. Degree Emphasis in RSTM
- *Program Project Lead:*
 - COAPRT National Accreditation, including development of Curriculum Assessment Plan and Reporting System, and wrote/developed 1,000 page Self-Study Report and support materials, and additional reporting and evidence as required
 - Major Overhaul of B.S. degree, including Curriculum Changes in 2012 and 2016
 - Development of online track for M.S. in RSTM
 - Degree Major Name Change Proposal Approved at all university levels, and the Idaho State Board of Education
 - University Assessment
 - Program Strategic Planning, most recently RSTM 2017-2022 Strategic Plan
 - Recruitment and Retention
 - University-level Program Reports, including Program Prioritization Report
 - Advising: Student Major Curriculum Sheet and Four-Year Plan, Every-Other-Year Curriculum Sheet, ORL Minor Curriculum and Four-Year Planner, Faculty Advising Training
 - Course Scheduling
 - Program Faculty Hiring
 - Practicum and Internship Guidelines
 - Mentorship of junior faculty

Non-Academic Employment

Coach, Penn State Soccer Summer Camp, (co-ed, ages 10-12), PA, Summer 2005

Research Associate, Sierra Power Company, Alternative Energy Project, Reno, NV, Summer 1997

Camp Counselor and Personal Aide, ARC, Anchorage, AK, Summer 1996

Camp Counselor, Anchorage Girl Scouts Summer Camp, AK, Summers 1994, 1995

TEACHING ACCOMPLISHMENTS

Areas of Specialization: Leisure and health, leisure across the lifespan, leisure and diversity, leisure history and leisure policy, gerontology, research methods

Courses Taught:

University of Idaho

PEP 530: Health and Activity

REC 280: Practicum in Recreation, Park and Tourism (co-taught)

REC 370: Leisure, Health and Human Development

REC 404/395: Diversity in Recreation, Parks and Tourism

REC 498: Internship in Recreation, Park and Tourism (co-taught)

REC 585: Policy Analysis and Historical Perspectives of Leisure

REC 598: Graduate Internship: Leadership in Recreation and Physical Activity (co-taught)

University of Illinois at Urbana-Champaign

RST 370: Research Methods and Analysis, 2006-2008, 2010-2011 (fall and spring)

RST 501: Theories and Concepts of Leisure, 2009, 2010

RST 503: Advanced Leisure Research Methods, 2007, 2008, 2009

The Pennsylvania State University

RPTM 356: Programming in Recreation and Leisure Services (service-learning course), 2004

University of Nevada, Reno

GERO 201: Topics and Careers in Aging (service-learning course), 2001

TA Courses:The Pennsylvania State University

RPTM 277: Recreation for Persons with Disabilities

RPTM 356: Programming in Recreation and Leisure Services (service-learning course)

RPTM 433W: Research Methods (writing req.)

UG Option: Professional Golf Management (summer internships)

University of Nevada, Reno

SOC 101: Introduction to Sociology

SOC 425: Social Science Research Methods

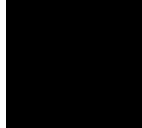
Students Advised:Undergraduate Students (Faculty Advisor):

Faculty Advisor, B.S. Recreation and students in Program Minors. (80+ advised to date)

Advisor, Recreation Student Organization – Fall 2011-Spring 2017

Graduate Students (Major Professor)*Major Professor of 26 Master's and Doctoral Students*

Job placements include: CSU-Sacramento (tenure track faculty position), Duke University (Outdoor Programs) Washington State University (Outdoor Programs; Campus Recreation), University of Idaho (Outdoor Programs), University of Colorado, Colorado Springs (Campus Recreation), Portland Parks & Recreation, New York City Parks and Recreation

Currently:


Ph.D.
Ph.D.
M.S.
M.S.

Graduate Committees*8 (5 doctoral level)*Graduate Student Teaching and Research Mentees*18 graduate student mentees to date*Undergraduate Student Research (Director)*12 undergraduate student mentees to date***Materials and Courses Developed:**University of Idaho

REC 280: Practicum in Recreation, Sport, and Tourism (course materials revised)

REC 370: Leisure, Health and Human Development

REC 404/395: Diversity in Recreation, Sport, and Tourism

REC 498: Internship in Recreation, Sport, and Tourism (course materials revised)

PEP 530: Health and Activity

REC 585: Policy Analysis and Historical Perspectives of Leisure

REC 598: Graduate Internship: Recreation, Sport, and Tourism (course materials revised)

Professor-in-charge: Program/degree name change and associated curriculum changes; Revision of the B.S. Recreation curriculum, including updating and extending content areas, and realignment with university and accreditation requirements. Developed and University Approved: Leisure, Health and Human Development; Diversity in Recreation, Sport, and Tourism.

University of Illinois

RST 370: Research Methods and Analysis

RST 501: Theories and Concepts of Leisure

RST 503: Advanced Leisure Research Methods

Professor-in-charge: Graduate program course proposal for the leisure and health concentration area, which included the following courses: Critical Issues in Leisure and Health; Leisure, Health, and Disability; Leisure and Health across the Lifespan; Social and Cultural Issues in Leisure and Health.

University of Nevada, Reno

GERO 201: Topics and Careers in Aging (intergenerational service-learning course)

Non-credit Classes, Workshops, Seminars, Invited Lectures, etc.:*14 guest lectures to date***SCHOLARSHIP INTERESTS:*****Research Interests:***

Leisure and health across the lifespan with special attention to age and gender; Contexts of Interest: outdoor recreation settings, municipal parks and recreation, campus recreation, schools; Populations of Interest: youth, older adults, college students, minorities, low-income families, and individuals with disabilities.

Latest Research Projects:Older Women's Competitive Team Sport and Health and Well-being

- Collaborative project with faculty: Stephanie West (PI), Full Professor, Appalachian State University; Toni Liechty, Assistant Professor, University of Illinois; and Jen Wong, Ohio State University. Study investigating: health and well-being; resistance and reproduction of ageing and gender stereotypes; sport identity in later life; and organizational constraint and facilitation of older women's sport-based physical activity.

Promoting Healthy Active Lifestyles and STEM Education through Adventure Learning

- Collaborative UI project: Mahoney, J., Kern, A., & Paul, D. Families in four seasons: Learning traditional making of snowshoes and canoes and promoting physical activity across the four seasons. Project in collaboration with Coeur D'Alene Tribe students, parents, and elders. Focus on intergenerational, indigenous learning and recreation.

- Collaborative project with Dr. Mackenzie – University of Otago, Karla Eitel - UI McCall Outdoor Science School, and College of Education Faculty; Active outdoor recreation and its uses as a tool for health education and snow science education with high school students.

Social Cognitive Aspects of Leisure and Health in Youth and Emerging Adults

- Two projects. The purpose of one project is to develop a model of leisure and health in college students to extend my dissertation research with middle aged and older adults. The other project is to understand conceptualizations of healthy and unhealthy leisure of youth and college students to use toward developing interventions. Collaborative project with Elizabeth Weybright, Washington State University, and Linda Caldwell, Faculty Emeritus, The Pennsylvania State University.

SCHOLARSHIP ACCOMPLISHMENTS:**TOTAL PUBLICATIONS (103)****Refereed/Adjudicated Journal Publications and Book Chapters: (32)**

Blind Peer-Reviewed Articles on leisure and health across the lifespan, with special attention to a) age-related developmental and learning processes of leisure and physical activity; and b) ageing and gendered aspects of leisure and sport and how these then relate to self-care (28 Publications)

**Denotes a Publication with a Graduate Student (10 publications to date)*

Acceptance Rates (AR) provided where available

28. Houge Mackenzie, S., **Son, J. S.**, & Eitel, K. (2018). Using outdoor adventure to enhance intrinsic motivation and engagement in science and physical activity: An exploratory study. *Journal of Outdoor Recreation and Tourism*, 21(1), 76-86.
27. **Son, J. S.** (2017). Marginalization in leisure and health resources in a rural U.S. town: Social justice issues related to age, race, and class. *International Journal of the Sociology of Leisure*. DOI: 10.0007/s41978-017-0001-7 (online first) (April 2018, scheduled in print)
- *26. **Son, J. S.**, Houge Mackenzie, S., Eitel, K., & *Luvaas, E. (2017). Outcomes associated with an outdoor education program to promote STEM and healthy active living in high school students. *Journal of Outdoor and Environmental Education*, 20(2), 32-44.
- *25. *Naar, J., Wong, J., West, S., **Son, J.**, & Liechty, T. (2017). A social-ecological approach to women's participation in competitive softball during middle and late adulthood: Implications for the future. *Topics in Geriatric Rehabilitation*. 33(3), 170-181.
24. Goc Karp, G., Houge Mackenzie, S., **Son, J.**, Kern, A., Brown, H. (2016). Facilitating collaborative interdisciplinary research: Exploring process and implications for leisure scholars. *Leisure/Loisir*, 40(2), 201-223. DOI: 10.1080/14927713.2016.1220259
- *23. Liechty, T., West, S., *Naar, J., & **Son, J. S.** (2016). Perceptions of aging among older women softball players. *Annals of Leisure Research*, 20(3), 295-313. DOI:10.1080/11745398.2016.1220321 AR: 40%
22. Battista, R., West, S. T., Mackenzie, S. H., & **Son, J. S.** (2016). Is this exercise? No, it's geocaching! Exploring factors related to aspects of geocaching participation. *Journal of Parks and Recreation Administration*. 34(2), 30-48. <http://dx.doi.org/10.18666/JPRA-2016-V34-I2-6495> AR: 28%
- *21. Janke, M. C., **Son, J. S.**, *Jones, J. J., Payne, L. L., & Anderson, S. K. (2015). Leisure patterns and their associations with arthritis-related self-management and health. *Therapeutic Recreation Journal*, 49(4), 281-292. AR: 29%
- *20. *Burk, Brooke, Shinew, K., & **Son, J.** (2015). Social problems that limit participation in healthy recreation activities among rural residents. *Leisure/Loisir*. DOI: 10.1080/14927713.2015.1116203
19. **Son, J. S.**, & Janke, M. (2015). Contributions of leisure-based selective optimization with compensation and leisure activity expenditures on the health of adults with arthritis. *Journal of Leisure Research*, 47(1), 34-57. (Selected for Open Access Featured Article; Nominated for Best Paper Award 2015) AR: 12%
18. Houge Mackenzie, S., **Son, J. S.**, & Hollenhorst, S. (2014). Unifying psychology and experiential education: Toward an integrated understanding of why it works. *Journal of Experiential Education*, 37(1), 75-88. AR: 25.5%
- *17. Liechty, T., *Dahlstrom, L., *Sveinson, K., **Son, J.**, & Rossow-Kimball, K. (2014). Canadian men's perceptions of leisure time physical activity and the ageing body. *Qualitative Research in Sport, Exercise and Health*, 6(1), 20-44. AR: 9%
- *16. Janke, M., *Jones, J. Payne, L. L., & **Son, J. S.** (2012). Living with arthritis: Using self-management of valued activities to promote health. *Qualitative Health Research*, 22(3), 360-372. AR: 27.5%
15. Mowen, A. J., Trautvein, N., Graefe, A., & **Son, J. S.** (2012). The influence of visitor characteristics on state park physical activity levels. *Journal of Park and Recreation Administration*, 30(2), 19-40.
14. **Son, J. S.**, Shinew, K. J., & Harvey, I. S. (2011). Community readiness for leisure-based health promotion: Findings from an underserved and racially diverse rural community. *Journal of Park and Recreation Administration*, 29(2), 90-106. AR: 34%
13. **Son, J. S.**, & Yarnal, C. M. (2011). Integration of constraints and benefits within an older women's social club: An examination, extension and critique. *Leisure Sciences*, 33(3), 205-227. AR: 28%

12. **Son, J. S.**, Mowen, A. J., & Kerstetter, D. L. (2011). Interactive social cognitive model of leisure-time physical activity in mid to late life. *American Journal of Health Behavior*, 35(1), 60-70. AR: 21.5%
- *11. Yarnal, C. M., **Son, J. S.**, & *Liechty, T. (2011). "She was buried in her purple dress and her red hat and all of our members wore full 'Red Hat Regalia' to celebrate her life": Dress, embodiment and older women's leisure. *Journal of Aging Studies*, 25(1), 52-61. Ranking: 18/30 (Gerontology); AR: 15%
10. **Son, J. S.**, Yarnal, C. M., & Kerstetter, D. L. (2010). Engendering social capital through a leisure organization for middle-aged and older women: Implications for individual and community health and well-being. *Leisure Studies*, 29(1), 67-83. AR: 30%
9. **Son, J. S.**, Kerstetter, D. L., & Mowen, A. J. (2009). Illuminating identity and health: Extending our understanding of the constraint negotiation of leisure-time physical activity. *Journal of Park and Recreation Administration: Special Issue on Physical Activity and Health*, 27(3), 96-115.
8. Janke, M., **Son, J. S.**, & Payne, L. L. (2009). Self-regulation and adaptation of leisure activities among adults with arthritis. *Activities, Adaptation, & Aging*, 33(2), 65-80.
7. **Son, J. S.**, & Hutchinson, S. L. (2009). Conceptualizing leisure self-care in an exploratory study of American Indian elders' health beliefs and behaviors. *Leisure/Loisir*, 33(2), 479-509.
6. **Son, J. S.**, Kerstetter, D. L., Mowen, A. J., & Payne, L. L. (2009). Global self-regulation and outcome expectations: Interactive influences on constraint self-regulation and leisure-time physical activity. *Journal of Aging and Physical Activity*, 17(3), 307-326. Ranking 9/30 (Gerontology); AR: 12%
- *5. Kerstetter, D. L., Yarnal, C. M., **Son, J. S.**, *Yen, I., & *Baker, B. L. (2008). Functional support associated with belonging to the Red Hat Society[®], a leisure-based social network. *Journal of Leisure Research*, 40(4), 531-555. AR: 13%
4. Hutchinson, S. L., Yarnal, C. M., **Son, J. S.**, & Kerstetter, D. L. (2008). Beyond fun and friendship: The Red Hat Society[®] as a coping resource for women. *Ageing & Society*, 28, 979-999. Ranking: 13/30 (Gerontology); AR: 32%
3. **Son, J. S.**, Mowen, A. J., & Kerstetter, D. L. (2008). Testing alternative leisure constraint negotiation models: An extension of Hubbard and Mannell's model. *Leisure Sciences*, 30(3), 1-19. 28%
2. **Son, J. S.**, Kerstetter, D. L., & Mowen, A. J. (2008). Do age and gender matter in the constraint negotiation of physically active leisure? *Journal of Leisure Research*, 40(2), 267-289. AR: 13%
- *1. **Son, J. S.**, Kerstetter, D. L., Yarnal, C. M., & *Baker, B. L. (2007). Promoting older women's health and well-being through social leisure environments: What we have learned from the Red Hat Society[®]. *Journal of Women and Aging*, 19(3/4), 89-104.

Adjudicated or Peer Reviewed/Evaluated Articles and Book Chapters: (4)

4. Dionigi, R., & **Son, J. S.** (2017). Introduction to critical perspectives on leisure, sport and physical activity in later life. *Annals of Leisure Research*, 20(1), 1-6. doi:10.1080/11745398.2017.1253919 (authorship in alphabetical order)
3. **Son, J. S.**, & Dionigi, R. A. (2017). Part two: Introduction to critical perspectives on leisure, sport and physical activity in later life. *Annals of Leisure Research*. doi:10.1080/11745398.2017.1312766
2. **Son, J. S.**, Harvey, I. S., & Shiness, K. J. (2010). Rural community leaders' perceptions of "healthy" leisure: Resources, needs and constraints. In Z. Li & T. L. Long (Eds.), *The meaning management challenge: Making sense of health, illness & disease* (pp. 23-40). Oxford: Inter-Disciplinary Press: <http://www.inter-disciplinary.net/wp-content/uploads/2010/05/hid8ever2030510.pdf>
1. **Stafford, J. A.**, & Weiss, L. J. (2002). Public perception of end-of-life issues in Nevada. *Nevada Public Affairs Review*, 13-20, University of Nevada Press.

Currently Scheduled or Submitted - Refereed/Adjudicated Journal Publications:

*Denotes Graduate Student (4 manuscripts)

Chen, C., **Son, J. S.**, *Luvaas, E. (in preparation). The impact of work-related smartphone use on work-leisure conflict, stress, and life satisfaction.

*Choi, W., Liechty, T., West, S., *Naar, J., Wong, J., & **Son, J. S.** (revise and resubmit). “We’re a family and that gives me joy”: Exploring interpersonal relationships in older women’s softball using Socioemotional Selectivity Theory.

West, S., *Naar, J., Liechty, T., & **Son, J.** (in preparation). Municipal parks and recreation’s role in older women’s softball participation: Implications for policy.

Wong, J., **Son, J.**, West, S., *Naar, J., Liechty, T. (revise and resubmit). Life course perspectives on older women’s competitive softball.

Refereed/Adjudicated Presentations in Published Proceedings and Abstracts: (57)

*Denotes a Presentation with a Graduate Student (23 presentations to date)

Note: Conference presentations are blind peer-reviewed in the field of leisure research. These include: Canadian Congress on Leisure Research, National Recreation and Park Association’s Research Sessions, etc.

*57. Wong, J. D., Son, J. S., West, S., *Naar, J., & Liechty, T. (2018). Women’s competitive team sport participation in late adulthood: A life course examination. *Paper submitted to the 42nd Annual Ohio Association of Gerontology and Education Conference*. March 22-24, 2018. Scheduled.

*56. Wong, J., **Son, J.**, West, S., *Naar, J., & Liechty, T. (2018). A Life Course Examination of Women's Team Sport: Participation in Late Adulthood. *Proceedings published and poster presented at Aging in America Conference*. San Francisco, CA, March 26-29, 2018. Scheduled.

*55. Liechty, T., **Son, J.**, West, S., & *Naar, J. (2017). Social Connections among Female Softball Players. *Abstracts of the 2017 Canadian Congress on Leisure Research*. May 23-26, 2017, Waterloo, ON.

*54. **Son, J.**, *Mahoney, J., Kern, A., & Paul, D. (2017). Indigenous Knowledge Active-STEM: Promoting Culturally Relevant Physically Active STEM Learning and Youth Development in Pre-High School Coeur d’Alene Tribal Students. *Proceedings of the Annual Hawaii International Conference on Education*. Honolulu, HI, January 3-6, 2017.

*53. **Son, J.**, Houge Mackenzie, S., Eitel, K., & *Luvaas, E. (2017). Promoting Youth Engagement in STEM and Physical Activity through an Active GreenSTEM Program: A Self-Determination Theory Perspective. *Proceedings of the Annual Hawaii International Conference on Education*. Honolulu, HI, January 3-6, 2017.

52. **Son, J.** (2016) Implications of Leisure for Active Aging: Perspectives from a Leisure Gerontologist. *Proceedings of the Conference on Active Aging in an Aging Society*, Yonsei University, Seoul, South Korea, September 19, 2016.

*51. *Mahoney, J., **Son, J.**, Kern, A., & Paul, D. (2016). Families in Four Seasons Year Number Two: Building Capacity for Self-Sustaining and Culturally-Integrated Healthy Active Living, and Science, Technology, Engineering, and Math (paper in a STEM field). *American Indigenous Research Association*. Pablo, MT, October 21-23, 2016.

*50. West, S., Liechty, T., **Son, J.**, & *Naar, J. (2016). Promoting Team Sport Participation among Older Women: Why and How. Paper presented at and abstract published in: *Abstracts of the 2016 National Recreation and Park Association Research Sessions*, St. Louis, MO, October 5-8, 2016.

49. **Son, J.**, West, S., Battista, R., Houge Mackenzie, S. (2015). Exploring factors related to geocaching

- participation. Paper presented at and abstract published in: *Abstracts of the 2015 National Recreation and Park Association Research Sessions*, Las Vegas, NV, September 15-17, 2015.
- *48. Chen, C., **Son, J.**, & *Luvaas, E. (2015). Impacts of work-related smartphone use on work-leisure conflict, stress, and life satisfaction. Poster presented at and abstract published in: *Abstracts of the 2015 National Recreation and Park Association Research Sessions*, Las Vegas, NV, September 15-17, 2015.
- *47. *Mahoney, J., **Son, J.**, Kern, A., & Paul, D. (2015). Families in Four Seasons: Building Capacity for Self-Sustaining and Culturally-Integrated HAL and STEM. *American Indigenous Research Association*. Pablo, MT, October 23-24, 2015. Presentation retrieval: <https://www.americanindigenousresearchassociation.org/annual-meeting/2015-meeting-report/presentations/>
- *46. Paul, D., Kern, A., *Mahoney, J., & **Son, J.** (2014). Families in four seasons: An intergenerational STEM and healthy active living program. *American Indigenous Research Association*. Pablo, MT. October 10-11, 2014.
- *45. Houge Mackenzie, S., **Son, J.**, Eitel, K., & *Luvaas, E. (2014). Engaging youth in physical activity and STEM education through an integrated adventure program. *Abstracts of the 2014 National Recreation and Park Association Leisure Research Symposium*, Charlotte, NC, October 14-16.
44. **Son, J. S.** (2014). Social justice considerations in rural leisure and health accessibility. Canadian Congress on Leisure Research. *Abstracts of the 2014 Canadian Congress on Leisure Research*. May 21-23, 2014. Halifax, Nova Scotia.
43. Goc Karp, G., **Son, J. S.**, Houge Mackenzie, S., Kern, A., Brown, H. (2014). Facilitating collaborative interdisciplinary research: Exploring process and implications for leisure scholars. *Abstracts of the 2014 Canadian Congress on Leisure Research*. May 21-23, 2014. Halifax, Nova Scotia.
42. Houge Mackenzie, S., & **Son, J. S.** (2014). Cultivating community support through integrated outdoor recreation programs: Case studies with high school students and Native American youth. *Abstracts of the National Outdoor Recreation Conference*. May 13-16, 2014. San Francisco, CA.
41. **Son, J. S.**, & Janke, M. C. (2013). Activity expenditure mediates leisure self-regulation and health in adults with arthritis. Paper presented at and abstract published in: *Abstracts of the 2013 Leisure Research Symposium, National Recreation and Park Association Congress*, 260 (CD-ROM). October 8-10, Houston, TX.
40. Elias, J., **Son, J. S.**, Pritsos, C., Omaye, S., & Read, M. (2013). Age, cognition, functional assessment and response to reactive oxygen species. Paper presented at and abstract published in: *Proceedings of the 66th Annual Conference of the Gerontological Society of America*, November 20-24, New Orleans, LA.
39. Houge Mackenzie, S., **Son, J. S.**, Miller, B., Hougham, R. J., Eitel, K., & Thompson, G. (2013). Fostering self-determination and flow in physical activity and science via outdoor adventure. Paper presented at and abstract published in: *Abstracts of the 2013 Leisure Research Symposium, National Recreation and Park Association Congress*, 310 (CD-ROM). October 8-10, Houston, TX.
38. Hougham, R. J., Miller, B., Houge Mackenzie, S., **Son, J. S.**, Eitel, K., & Thompson, G. (2013). STEM and adventure education. Poster will be presented at and abstract published in: *Abstracts of the 2013 Symposium for Experiential Education Research* (CD-ROM), November 1-2, Denver, CO. (accepted)
- *37. *Chang, P. J., Yarnal, C., *Qian, X., & **Son, J. S.** (2012). The relationship between playfulness and resilience for mature women in a leisure-based context: A look at the Red Hat Society. Paper presented at and published in: *Abstracts of the Annual Meeting of the Association for the Study of Play* (CD-ROM), February 26-29, Clemson, South Carolina.
36. **Son, J. S.** (2011). Social cognitive aspects of physical activity in college-age women. Symposium on the Social Psychology of Physical Activity across the Lifespan, Paper presented at and abstract published in:

Abstracts of the 10th Australian and New Zealand Association of Leisure Studies Biennial Conference (CD-ROM), Dec 6-8, 2011, Dunedin, New Zealand.

- *35. *Osgood, K. V., **Son, J. S.**, & Shinew, K. J. (2011). Physically active leisure constraints and enablers: A rural perspective. Paper presented at and abstract published in: *Abstracts of the 2011 Leisure Research Symposium, National Recreation and Park Association Congress (CD-ROM)*, November 2011, Atlanta, GA.
- *34. **Son, J. S.**, Janke, M. C., & *Jones, J. J. (2010). Activity expenditure and activity self-regulation in the context of older adults' arthritis severity and health. Poster presented at and abstract published in: *Proceedings of the 2010 Gerontological Society of America*, 50, 87. November 19-23, New Orleans, LA.
- *33. Janke, M. C., *Jones, J. J., **Son, J. S.**, & Payne, L. L. (2010). The process of selective optimization with compensation in leisure activities among adults with arthritis. Paper presented at and abstract published in: *Proceedings of the 2010 Gerontological Society of America*, 50, 71, November 19-23, New Orleans, LA.
- 32. **Son, J. S.**, Mowen, A. J., & Kerstetter, D. L. (2010). The interactive role of identity in the constraint negotiation of physically active leisure in later life. Paper presented at and abstract published in: *Abstracts of the 2010 Leisure Research Symposium, National Recreation and Park Association Congress (CD-ROM)*, October 25-29, Minneapolis, MN.
- 31. **Son, J. S.**, & Yarnal, C. M. (2010). An integration of constraints and benefits for middle-aged and older women's social leisure. Paper presented at and abstract published in: *Abstracts of the 2010 Leisure Research Symposium, National Recreation and Park Association Congress (CD-ROM)*, October 25-29, Minneapolis, MN.
- 30. Janke, M. C., **Son, J. S.**, & Payne, L. L. (2009). Leisure-based predictors of arthritis self-efficacy among middle-aged and older adults. Poster presented at and abstract published in: *Proceedings of the 2009 Gerontological Society of America*, 49, 474. November 18-22, Atlanta, GA.
- 29. **Son, J. S.**, Yarnal, C. M., & Kerstetter, D. L. (2009). Facilitating intergenerational relationships through bonding and bridging capital. Poster presented at and abstract published in: *Abstracts of the 2009 Leisure Research Symposium, National Recreation and Park Association Congress (CD-ROM)*, October 14-16, Salt Lake City, UT.
- 28. **Son, J. S.**, Yarnal, C. M., & Kerstetter, D. L. (2009). Building social capital and health through the Red Hat Society. Paper presented at and abstract published in: *Abstracts of the Annual Meeting of the American Sociological Association (CD-ROM)*, August 8-11, San Francisco, CA.
- 27. **Son, J. S.**, Janke, M. C., & Payne, L. L. (2009). Leisure-based self-regulation and adaptation and the health of middle-aged and older adults with arthritis. Paper presented at and abstract published in: *Abstracts of the Nineteenth IAGG World Congress of Gerontology and Geriatrics (CD-ROM)*, July 5-9, Paris, France.
- *26. **Son, J. S.**, Harvey, I. S., *Cronan, M. K., & Shinew, K. J. (2009). Rural community leaders' views on healthy leisure: Opportunities and constraints. Paper presented at and abstract published in: *Abstracts of the Eighth Global Conference on Health, Illness, and Disease (CD-ROM)*, July 3-5, Oxford, England.
- *25. Evans, E. M., *Thorpe, M. P., Harvey, I. S., & **Son, J. S.** (2009). Racial status impacts adiposity and social cognitive correlates to physical activity in female university students. Paper presented at and abstract published in: *Abstracts of the Annual Meeting of the Society of Behavioral Medicine (CD-ROM)*, April 22-25, 2009, Montreal, Canada.
- *24. *Trautvein, N., **Son, J. S.**, Mowen, A. J., & Kerstetter, D. L. (2008). The role of volunteerism in the leisure-time physical activity and health of adults in mid to late life. Poster presented at and abstract published in: *Proceedings of the 2008 Gerontological Society of America*, 48, 442. November 21-25, National Arbor, MD.
- *23. **Son, J. S.**, *Cronan, M. K., Harvey, I. S., Payne, L. L., & Shinew, K. J. (2008). Community leaders'

- perceptions of leisure and health accessibility: Age, race and class in a rural town. Paper presented at and abstract published in: *Abstracts of the 2008 Leisure Research Symposium, National Recreation and Park Association Congress*, October 14-18, Baltimore, MD. (CD-ROM)
22. **Son, J. S.**, Kerstetter, D. L., Mowen, A. J., & Payne, L. L. (2007). The relationships between exercise identity, leisure-based social cognitive factors, and leisure-time physical activity. Paper presented at and abstract published in: *Proceedings of the 2007 Gerontological Society of America*, 47, 152. November 16-20, San Francisco, CA.
 21. Janke, M. C., Payne, L. L., & **Son, J. S.** (2007). Leisure repertoire, energy expenditure, and health of adults with arthritis. Paper presented at and abstract published in: *Proceedings of the 2007 Gerontological Society of America*, 47, 152. November 16-20, San Francisco, CA.
 20. Kerstetter, D. L., Yarnal, C. M., & **Son, J. S.** (2007). Outcomes of membership in the Red Hat Society. Poster presented at and abstract published in: *Proceedings of the 2007 Gerontological Society of America*, 47, 391, November 16-20, San Francisco, CA.
 19. **Son, J. S.**, Kerstetter, D. L., & Mowen, A. J. (2007). The influence of age, gender and constraint negotiation factors on leisure-time physical activity in later life: It may depend on the outcomes. Paper presented at and abstract published in: *Abstracts of the 2007 Leisure Research Symposium, National Recreation and Park Association Congress* (CD-ROM), September 26-28, Indianapolis, IN.
 18. **Son, J. S.**, Mowen, A. J., & Kerstetter, D. L. (2007). Preliminary evidence of a new model of leisure constraint negotiation: The constraint-negotiation dual channel model. Paper presented at and abstract published in: *Abstracts of the 2007 Leisure Research Symposium, National Recreation and Park Association Congress* (CD-ROM), September 26-28, Indianapolis, IN.
 17. Janke, M., Payne, L. L., & **Son, J. S.** (2007). Adaptation and self-regulation of leisure among adults with arthritis. Paper presented at and abstract published in: *Abstracts of the 2007 Leisure Research Symposium, National Recreation and Park Association Congress* (CD-ROM), September 26-28, Indianapolis, IN.
 16. Hutchinson, S. L., Yarnal, C. M., **Son, J. S.**, & Kerstetter, D. L. (2007). Beyond fun and friendship: The Red Hat Society as a coping resource for older women. Paper presented at and abstract published in: *Abstracts of the 2007 Leisure Research Symposium, National Recreation and Park Association Congress* (CD-ROM), September 26-28, Indianapolis, IN.
 15. **Son, J. S.**, Kerstetter, D. L., Mowen, A. J., Payne, L., & Dattilo, J. (2006) A leisure education model to promote physical activity in later life: First steps. Paper presented at and abstract published in: *Proceedings of the 2006 Gerontological Society of America*, 46, 342, November 16-20, Dallas, TX.
 14. Yarnal, C., Kerstetter, D., & **Son, J. S.** (2006). The importance of dressing up: Older women's play and masking. Paper presented at and abstract published in: *Proceedings of the 2006 Gerontological Society of America*, 46, 360, November 16-20, Dallas, TX.
 13. **Son, J. S.**, & Hutchinson, S. L. (2006) Health culture and leisure: American Indian elders' voices on the meaning of health and health care. Paper presented at and abstract published in: *Abstracts of the 2006 Leisure Research Symposium, National Recreation and Park Association Congress* (CD-ROM), October 10-13, Seattle, WA.
 12. **Son, J. S.**, Mowen, A. J., & Kerstetter, D. L. (2006). The relationship of volunteerism to the physical activity and health of older adults in a metropolitan park setting. Paper presented at and published in: *Proceedings of the 18th Annual Northeast Recreation Research Symposium*, pp. 350-355, April 9-11, Bolton Landing, NY.
 11. Yarnal, C. M., Kerstetter, D., & **Son, J. S.** (2006). Play, masking, older women and the Red Hat Society. Paper presented at and abstract published in: *Abstracts of the Annual Meeting of the Association for the Study of Play* (CD-ROM), May 17-20, St. Catharine's, Ontario, Canada.

10. **Son, J. S.**, Kerstetter, D. L., Mowen, A. J., & Payne, L. (2005). Selection, optimization, and compensation for physical activity in later life. Poster presented at and abstract published in: *Proceedings of the 2005 Gerontological Society of America*, November 18-22, Orlando, FL.
- *9. **Son, J. S.**, Yarnal, C. M., Kerstetter, D., *Yen, I., *Hampton, R., *Baker, B., & Chick, G. (2005). The Red Hat Society: Structural and functional characteristics that may promote successful aging for women and implications for programming. *Leisure & Aging Poster Session*, Abstract published in: *Abstracts of the 2005 National Recreation and Park Association Congress*, October 18-22, San Antonio, TX.
8. Yarnal, C. M., **Son, J. S.** (co-presenter), Yen, I (co-presenter), Kerstetter, D., Hampton, R., Baker, B., & Chick, G. (2005). The Red Hat Society: Play and masking in older women's lives. Paper presented at and abstract published in: *Abstracts of the 2005 Leisure Research Symposium, National Recreation and Park Association Congress (CD-ROM)*, October 18-22, San Antonio, TX.
7. **Stafford, J. A.** (2004). The importance of leisure for good health: American Indian elders' perspectives. Paper presented at and abstract published in: *Proceedings of the 2004 Gerontological Society of America*, November 19-23, Washington, DC.
6. **Stafford, J.A.** (2002). Incorporating intergenerational service learning into an interdisciplinary, introductory course in gerontology. Paper presented at and abstract published in: *Abstracts of the Annual Meeting of the Association for Gerontology in Higher Education (CD-ROM)*, February 28-March 3, Pittsburgh, PA.
- *5. Elias, J. W., **Stafford, J. A.**, *Yeoh, E., Parsons, K., & Steininger, L. (2001). Religion, health, and end-of-life decisions. Poster presented at and abstract published in: *Proceedings of the 2001 Gerontological Society of America*, November 15-18, Chicago, IL.
- *4. **Stafford, J. A.**, Elias, J. W., & *Yeoh, E. (2001). Predicting older Native American health service utilization. Poster presented at and abstract published in: *Abstracts of the Annual Meeting of the American Psychological Association (CD-ROM)*, August 24-28, San Francisco, CA.
3. Hayes, G. J., Elias, J. W., Weiss, L. J., & **Stafford, J. A.** (2000). Public perception of end-of-life care issues in Nevada. Paper presented at and abstract published in: *Abstracts of the Annual Meeting of the American Public Health Association (CD-ROM)*, Nov 12-16, Boston, MA.
- *2. **Stafford, J. A.**, Elias, J. W., *Yeoh, E., Weiss, L. J., Curley, K., & Curley, L. (2000). Research findings and uses in a Native American community: Developing age-appropriate health programs. *Abstracts of the Annual Meeting of the American Society on Aging (CD-ROM)*, March 25-28, San Diego, CA.
1. **Stafford, J. A.**, & Elliott, M. (2000). Tribal elders' views and use of health and health care. Paper presented at and abstracts published in: *Abstracts of the Annual Meeting of the American Society on Aging and the Annual Meeting of the Pacific Sociological Association*, March 25-28, San Diego, CA.

Peer Reviewed/Evaluated Presentations: (3)

*Student mentees (2 of 3)

- Janke, M., Payne, L., **Son, J.**, *Jones, J., & *Izenstark, D. (2009). Adapting leisure behaviors when living with arthritis: The relationship between leisure and health. Poster presented at: *Center on Health, Aging and Disability Symposium, University of Illinois at Urbana-Champaign*, March 13, 2009.
- *Hernandez, R., & **Son, J. S.** (2008). Girl Powered: Strategies to recruit Latinas on campus into health promotion research. Poster presented at: *Undergraduate Research Symposium, University of Illinois at Urbana-Champaign*. April 29, 2008.
- Son, J. S.** (2006). Healthy communities: Innovative approaches to active living through bottom-up organizations. Roundtable discussion presented to: *Research to Practice, National Recreation and Park Association Congress*, October 10-13, Seattle, WA.

Other Publications: Technical Research Reports (11)

*Student Mentees (4 of 11)

Son, J. S., et al. (2015). COAPRT Self-Study Report for the University of Idaho Recreation Program Unit. Report prepared for the Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT). September, 2015.

Brown, H., Scruggs, P., Goc Karp, G., **Son, J.**, & Vella, C. (2014). Measuring what matters: Idaho obesity indicators. Blue Cross of Idaho.
<http://highfiveidaho.org/news/detail/measuring-what-matters-idaho-obesity-indicators>

Son, J. S., *Taylor, K., *Rudolphi, P. Harvey, I. S., & Shinew, K. J., & *Jones, J. J. (2010). Final report on recreation and health in Centralia, IL. Report prepared for the town mayor and community partners. September 27, 2010.

Son, J. S., *Taylor, K., *Rudolphi, P. Harvey, I. S., & Shinew, K. J. (2009). Assessment of resources and needs for healthy recreation in Centralia, IL: Results from a two-year project. Report prepared for Centralia City Council and presented to attendees at a town hall meeting, May 18, 2009.

Son, J. S., & Mowen, A. J. (2005). Cleveland Metroparks older adult volunteering and health study. Report prepared for Cleveland Metroparks.

Kerstetter, D., & **Stafford, J.** (2003). Strategic plan for tourism for the Central Pennsylvania Convention and Visitors Bureau: Results from a mixed methods study. Report prepared for the Central Pennsylvania Convention and Visitors Bureau.

Stafford, J. (2000). Sanford Center for Aging Research: The outreach component. Report prepared for Governor Kenny Guinn.

Stafford, J. (2000). Urban and rural tribal elders' health and health care in Northern Nevada. Report prepared for the Phoenix Area (Arizona, California, Nevada, & Utah) Indian Health Service.

Stafford, J. (2000). Tribal elders' views of health and use of health care. Separate reports prepared for each of four tribal organizations in Northern Nevada.

Stafford, J., *Altom, W., MacDonald, J., Weiss, L., & Elias, J. (2000). Administrator survey of Nevada caregivers. Report prepared for the Bureau of Licensure and Certification and presented to the Nevada Caregiver Task Force.

Stafford, J., Elias, J., *Yeoh, E., Weiss, L., Curley, K., & Curley, L. (1999). Fallon tribal elders: Their functional status, resources, and needs. Report prepared for the Fallon Tribal Health Clinic and presented to the Fallon Tribal Council.

Grants and Contracts Awarded: (over \$624,000 to date)

*Student Mentees

West, S. (Collaborator). (2018). *Older women's sports participation: Continuation project*. College Research Grant, Appalachian State University. \$5,000.

West, S. (Collaborator). (2016). *Older women's sports participation, constraints and facilitators*. College Research Grant, Appalachian State University. \$5,000.

West, S. (Collaborator). (2015-2017). *Older women and competitive sport*. Graduate Research Associate Mentoring Program Grant. Appalachian State University. \$24,000 over two years.

Paul, D., Kern, A., *Mahoney, J., & **Son, J.** (in alphabetical order). (2015). *Families in Four Seasons Supporting Traditional Healthy Outdoor Activity*. Coeur d'Alene Tribe Education Grant. \$10,000.

- Paul, D., Kern, A., *Mahoney, J., & **Son, J.** (in alphabetical order). (2014). *Families in Four Seasons: Building Capacity for Self-Sustaining and Culturally Integrated HAL and STEM*. University of Idaho, College of Education Research Award. \$11,915.
- Kern, A. L., Brown, H., McFarland, A., Goc Karp, G., MacKenize, S. H., Scruggs, P., & Son, J. S. (2012). *Paddle and Bike the Coeur d'Alene Watershed*. University of Idaho, College of Education, 2012 Research Award. \$11,992.
- Houge Mackenzie, S., **Son, J.**, Miller, B., Hougham, J., Eitel, K. & Thompson, G. *Adventure learning to promote GreenSTEM education and physical activity in schools*. (2012). College of Education Research Awards. \$12,000, 2012.
- Brown, H., Goc Karp, G., Scruggs, P., Paul, D., Vella, C., **Son, J.**, Houge Mackenzie, S., & Browder, K. (2012-2013). *Enhancing healthy active living for Idaho citizens and communities*. Blue Cross of Idaho, Foundation for Health, Inc. Requested: \$300,000/3 years; Received: \$50,000/1 year. Opportunity for contract renewal for Years 2 and 3.
- Payne, L., & Janke, M. (Co-PIs), and **Son, J.**, Harvey, I. S., Richardson, J., *Knowles, E., & Orr, R. (Co-Investigators). (2007-2010). *Live Well, Be Well: A Holistic Chronic Disease Self-Management Program*. Department of the Interior, University of Illinois at Urbana-Champaign Extension, \$316,000.
- Son, J.** (PI), and Harvey, I. S., Shinew, K., & Payne, L. (Co-Is). (2007-2009). *The leisure-based self-care practices and health of African Americans and Whites in rural Illinois*. Campus Research Board, University of Illinois at Urbana-Champaign, \$14,630.
- Harvey, I. S. (PI), Evans, E., **Son, J.**, Deterding, R. (Co-Is). (2007-2009). *Girl POWERED: Preventing OverWeight with Effective Recreation, Exercise and Diet*. Campus Research Board, University of Illinois at Urbana-Champaign, 2007-2008, \$6,675.
- Deterding, R. (PI), and Evans, E., Harvey, S., & **Son, J.** (Co-Is). (2007). *Girl POWERED for all Colors: Preventing OverWeight with Effective Recreation, Exercise and Diet*. Big Ten Recreational Sport Research, \$1,875.
- Deterding, R. (PI), and Evans, E., Harvey, S., & **Son, J.** (Co-PIs). (2007-2008). *Incentives to prevent overweight college women through effective recreation, exercise and diet*. University of Illinois Mom's Association, \$1,000.
- Janke, M. (PI), and Payne, L., & **Son, J.** (Co-Is). (2007). *Self-regulation and adaptation of leisure activities among older individuals with arthritis*. Campus Research Board, University of Illinois at Urbana-Champaign, \$6,910.
- Son, J. S.** (2005). *Physically active leisure of middle-aged and older adults*. Dissertation Research Grant, Department of Recreation, Park and Tourism Management, The Pennsylvania State University, \$1,713.
- Stafford, J.** (PI), & Mowen, A. J. (2005). *Determinants of physical activity for Cleveland Metroparks volunteers 50 and older*. Cleveland Metroparks, \$1,800.
- Stafford, J.** (PI), & *Yeoh, E. (2001). *Nevada Senior Nutrition Project*. State of Nevada Attorney General's Office, \$136,302. (Due to relocation of PI, grant administered by Dr. Sachiko St. Jeor, School of Medicine, University of Nevada, Reno.)
- Stafford, J.** (PI), & Elias, J. (2000). *Incorporating intergenerational service-learning into an interdisciplinary course on topics and careers in aging*. CNS/AGHE/GT-University of Pittsburgh, \$8,000.

Grants Submitted:

- Wong, J., & Son, J. (2018). *Benefits and Feasibility of a Yoga Program for Individuals with Autism and Their Caregivers*. Applied Research Grant. Organization of Autism Research. March 26, 2018. \$30,000.

West, S., Son, J., Liechty, T., & *Naar, J. (2018). *Parks and recreation facilitators and constraints to older adult sports*. National Recreation and Park Associate Research Grant.

Paul, D., Meyer, C., Matheson, C., Kern, A., & **Son, J.** (2017). *Active in All Seasons*. Spencer Foundation Grant. Amount Requested: \$48,990 over two years.

Paul, D., *Mahoney, J., Son, J., Kern, A. (2016). *Families in Four Seasons: Building Capacity for Self-Sustaining and Culturally-Integrated Healthy Active Living and Science Technology, Engineering, and Math*. Coeur d'Alene Tribe Education Grant. Amount Requested: \$27,384

Paul, D., Kern, A., *Mahoney, J., & Son, J. (in alphabetical order). (2015). *Families in Four Seasons Supporting Traditional Healthy Outdoor Activity*. Avista Energy Grant. \$23,000

Honors and Awards:

- 2016 Program Re-Accreditation with Commendation, COAPRT National Accreditation
- 2015 Selected, Open Access Featured Article, *Journal of Leisure Research*
- 2015 Nominated, Best Paper Award, *Journal of Leisure Research*
- 2011 Emerging Professional Graduate Degree Award, Department of Recreation, Park and Tourism Management, The Pennsylvania State University
- 2006-10 Teachers Ranked as Excellent by Their Students, University of Illinois at Urbana-Champaign
- 2007 Arnold O. Beckman Research Award, University of Illinois at Urbana-Champaign
- 2006 Outstanding Graduate Student Award, Department of Recreation, Sport and Tourism, The Pennsylvania State University
- 2005 Graduate Fellowship, The Pennsylvania State University
- 2002 Endowed Fellowship, The Pennsylvania State University
- 2002 Sigma Phi Omega, National Honor Society for Gerontology

SERVICE:

University Service

University of Idaho

Committee Member, MVSC 3rd Year Review of Tenure Track Faculty Member, 2017-2018

Committee Member, COEd Assessment Committee, 2013-present.

Committee Member, COEd Promotion and Tenure Committee, 2014-2017.

Review Chair, Department of Movement Sciences, 3rd Year Review of Tenure Track Faculty Member, 2016-2017.

Program Lead, COAPRT Re-Accreditation Process, 2014-2016.

Faculty Mentor, Department of MVSC Assistant Clinical Faculty Member, 2015-2018.

Faculty Mentor, Department of MVSC Assistant Clinical Faculty Member, 2014-2017.

Committee Member, Department of Movement Sciences, 3rd Year Review of Clinical Faculty Member, 2015-2016.

Search Chair, COEd, Department of Movement Sciences, Assistant Rank Clinical Faculty Position in Recreation, 2014-2015.

Committee Member, Search for Coordinator of Outdoor Programs and Climbing Center, 2015.

Committee Member, Search for Director of Outdoor Programs, 2014.

Review Chair, Department of Movement Sciences, 3rd Year Review of Clinical Faculty Member, 2014-2015

Committee Member, Department of Movement Sciences, 3rd Year Review of Clinical Faculty Member, 2014-2015

Search Chair, COEd, Department of Movement Sciences, Assistant Rank Tenure-Track Faculty Position in Recreation, 2013-2014.

Search Committee Member, College of Education, Open Rank Faculty Position, 2012- 2013

Search Committee Member, College of Natural Resources, Department of Conservation Social Sciences, Open Rank Faculty Position for Park Studies Director, 2012 – 2013

Committee Member, College of Education Technology Committee, 2012 – 2014

Faculty Advisor, Men's and Women's Ultimate Frisbee Clubs, 2012 – present

Faculty Co-Advisor, Recreation Student Organization, Recreation Program, 2011 – 2012, 2013 – present
 Ad-Hoc Chair, Recreation Program Committee, Movement Sciences, 2011 – present
 Committee Member, Program Coordinators' Committee, Movement Sciences, 2011 – present
 Committee Member, General Faculty, Movement Sciences, 2011 – present
 Committee Member, Graduate Faculty, Movement Sciences, 2011 – present
 Committee Member, Dean's Advisory Council, College of Education, 2011 – 2012

University of Illinois at Urbana-Champaign

I-Mentor, Graduate College mentorship program for minority graduate students, Spring 2011
 Grievance Committee, RST, 2010-2011, 2008-2009
 I-Health (Interdisciplinary Undergraduate Health Degree) Committee, AHS, 2010-2011
 Communications Committee, RST, 2010-2011
 Undergraduate Committee, RST, 2010-2011, 2006-2008
 Faculty Search Committee, RST, 2008-2009
 Graduate Committee, RST, 2008-2009
 Alleged Capricious Grading Committee, AHS, 2007-2009
 Educational Policy Committee, AHS, 2008-2009 (Co-Chair), 2007-2008

The Pennsylvania State University

RPTM Graduate Student Association, Vice President, 2005-2006
 Commission for Women, 2005-2006
 RPTM Faculty Search Committee, Graduate Student Representative, 2004-2005
 College of HHD, Graduate Student Council, RPTM Representative, 2003-2004
 Editor, ESL dissertation, Dept. of RPTM, 2004

University of Nevada, Reno

Senior Games Coordinator and Strategic Planning Committee, 2001-2002
 Interdisciplinary Gerontology Curriculum Committee, 2001-2002
 University Trainers' Council, 2001-2002

Professional and Scholarly Organizations

Associate Editor

Journal of Park and Recreation Administration, 2012 – present
Journal of Leisure Research, 2007 – 2016

Guest Editor

Annals of Leisure Research, 2016-2017, Special Issue on Critical Perspectives on Physical Activity, Sport, Play and Leisure in Later Life. Guest edited with Dr. Rylee Dionigi, Charles Sturt University, Australia.

Journal Reviewer

Leisure Sciences, 2006 – present
Leisure/Loisir, 2006 – present
Journal of Family Issues, 2010 – present
Journal of Outdoor Recreation and Tourism, 2012 – present
Sociological Compass, 2014 – present

Proposal Reviewer

National Recreation and Parks Association, Leisure Research Symposium, Social Psychology Section, 2008
 University of Illinois Research Board, 2010
 Australian and New Zealand Association for Leisure Studies (ANZALS) Biennial Conference, 2011
 National Recreation and Park Association, Leisure Research Symposium, Leisure, Health and Physical Activity Section, 2013

Conference Chair Positions

Chair, Physically Active Leisure Symposia, *Social psychological aspects of physically active leisure across the lifespan, Sections 1 and 2*, Australian and New Zealand Association for Leisure Studies (ANZALS) Biennial Conference, Dec 2011, Dunedin, New Zealand.

Chair, Leisure and Aging Research Symposium, *Contextualizing leisure-time physical activity in later life*, at the Gerontological Society of America Annual Scientific Meeting, Nov 2008, National Harbor, MD.

Professional Societies

- National Recreation and Park Association (NRPA), Society of Park and Recreation Educators (SPRE)
- The Gerontological Society of America (GSA)
- American Sociological Association (ASA), Sections on Aging and the Life Course, Sex and Gender, and Social Psychology

Public Outreach Service:

Son, J. S., et al. (2010). *Healthy Recreation Facts & Resources*. Distribution to study participants and partner organizations.

Son, J. S. (2008). The health benefits of older women's participation in the Red Hat Society®. *Aging Horizons Bulletin*, <http://www.aginghorizons.com>

Son, J. S., Mowen, A. J., Payne, L. L. (2007, March/April). Viewpoint: Challenges and opportunities for community recreation. In Milner, J., Recreation and the age wave (p. 77). *Journal of Active Aging*, 6(2), 72-77.

Janke, M., et al. (2007). *Leisure & Arthritis Fact Sheet*. (co-author). Distribution to study participants and partner organizations.

Other Relevant Service Experiences:

Volunteer, Senior Games, State College, PA, Summer 2004

Volunteer cross-country ski instructor for a child with a cognitive disability, Auburn Ski Club, Soda Springs, CA, Winter 2000-2001

Volunteer tutor for a child with a cognitive disability, Berney Elementary School, Walla Walla, WA, Fall 1995

Volunteer, Special Olympics, Walla Walla, WA, Fall 1994

Volunteer Therapeutic Recreation Assistant, St. Mary's Hospital Rehabilitation Center, Psychiatric Unit, Walla Walla, WA, Spring 1994

Volunteer Teacher's Assistant for children with developmental disabilities, Paine Elementary School, Walla Walla, WA, Fall 1993