



EMPLOYEE ASSISTANCE PROGRAM

EAPHELPLINK - Online Tools and Information

Welcome to EAPHelpLink, the web-based component of your Employee Assistance Program. EAPHelpLink is your one-stop resource, available when and where you need it. Whether you are dealing with a day-to-day question or a bigger-than-life issue, EAPHelpLink provides you and your family with tools and information to address life's pressing concerns. EAPHelpLink is anonymous, confidential, and secure. Explore it any time of day, any day of the week — all from the comfort and privacy of your own computer, tablet or handheld device.

The Website includes:

- 8,500+ research articles
- Health and Wellness content modules with articles, audio and video files
- eLearning: self-paced online training programs
- On-demand monthly webinars
- Self-search locators for child, academic, adoption, pet, and adult care resources
- Legal and Financial Resources: including 40 financial calculators and numerous ready-to-use legal forms
- Savings Center: a discount shopping program offering employees up to 25% discounts on name-brand goods and services
- Relocation Center: a collection of resources that allows users to learn about communities across the United States, providing vital statistics
- *News for You* updated monthly



To access the Website:

Go to www.eaphelplink.com
Your company code is: UI1

Toll Free:

800-999-1077

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