

RECREATION, SPORT, & TOURISM MANAGEMENT



A Bachelor of Science in Recreation, Sport, and Tourism Management from the University of Idaho prepares students to lead public and private programs that are designed to encourage active lifestyles through recreation, parks and tourism. As a graduate of the only accredited recreation program in the state and one of three in the Pacific Northwest, graduates will have the credentials needed for national certification and the expertise and training to improve the healthy active lifestyles of people of all ages.

Curricular requirements – 120 semester credits total for graduation

MOVEMENT SCIENCES CORE (3CRS)

MVSC 201 Physical Activity, Wellness & Behavior 3
Change *Prereq or coreq: PEP 100*

RECREATION CORE CLASSES (33CRS)

REC 104 Introduction to Recreation, Park & Tourism Professions (F) 3

REC 107 Outdoor Recreation & Tourism Pursuits 3

REC 240 Recreation Programming & Marketing (S) 3

REC 260 Foundations of Leisure & Society (F) 3

REC 280 Practicum in Recreation, Parks & Tourism 1

REC 290 Wilderness First Responder (W)
OR Emergency Responder Certification 3

REC 370 Leisure, Health & Human Development (S, even yrs) 3

REC 395 Diversity in Recreation, Parks & Tourism (S, odd yrs) 3

REC 424 Inclusive PE & Recreation (F) 3

REC 455 Design & Analysis Research in HPERD
OR **CSS 310** Social Research Methods in Conservation *Prereq: STAT 251* 4

REC 485 Trends in Recreation, Parks & Tourism (F, odd yrs) 3

REC 490 Management & Entrepreneurship in Recreation, Parks & Tourism (S, odd yrs) 3

REC 498 Internship (*all required Recreation courses must be completed prior to internship*) 9

ADDITIONAL RECREATION ELECTIVES (6+CRS)

HBM 381 Hospitality Leadership & Organizational Behavior (*WSU coop course*) 3

MVSC 486 Healthy Active Lifestyle Assessment & Intervention (S) 3

REC 203/403 Workshop 1-3

REC 204/404 Special Topics 1-3

REC 299/499 Directed Study 1-3

REC 310 Outdoor & Adventure Leadership (F) 3

REC 408 Experiential Education & Adventure Rec (S, even yrs) 3

CLASSES FOR MINOR OR COGNATE (20-25CRS)

All recreation majors are required to have a minor or a cognate (area of emphasis)

ELECTIVES TO REACH 120 CREDITS (0-6CRS)

Depending on minor or cognate area

ACTIVITY CLASSES (4CRS)

REC 108, 216, 222-228
OR **PEB/PEP 106-108, 132-136**
OR **DAN 105**

(And/or other elective outdoor & adventure courses offered within the program as available)

ADVANCED COMPOSITION REQUIREMENT (3CRS)

ENGL 207 Persuasive Writing 3
OR **ENGL 313** Business Writing 3
OR **ENGL 317** Technical Writing 3

UI GENERAL EDUCATION REQUIREMENTS (36CRS)

UI core requirements may overlap degree requirements; students should check with their academic advisor for specific information.

COMMUNICATIONS (5CRS)

ENGL 102 College Writing & Rhetoric 3

The UI catalog requires students take ENGL 109, 101 OR 102 (depending on placement scores) every semester until ENGL 102 is satisfied.

COMM 101 Speech (*also a major requirement*) 2

NATURAL & APPLIED SCIENCES (7-8CRS)

Gen Ed Lab Science 4

Gen Ed Lab Science OR CORS 3-4

MATH, STATISTICS & COMPUTER SCIENCE (3-4CRS)

Gen Ed Math OR Stats (see advisor) 3-4
(Suggested completion of Math within first year)

ADDITIONAL GEN ED REQUIREMENTS (–CRS)*

I SEM 101 Integrated Seminar 3

Humanities (*from 2 different disciplines*) 6

Social Sciences (*from 2 different disciplines*)
(PSYC 101 suggested) 6

American Diversity** 3

International** 3

I SEM 301 Great Issues 1

REC 498 Senior Experience 9

** Additional coursework may be required. See advisor for more information.*

***American Diversity & International Courses: One course each is required from approved list. There are some Humanities or Social Science courses that count for the International or American Diversity requirements. See advisor for more information.*

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Sample Four-Year Plan (Even) 2018-2019

FRESHMAN FALL 2018 (16CRS)			FRESHMAN SPRING 2019 (15CRS)		
REC 104	Introduction to Recreation, Parks & Tourism Professions (F)	3	REC 107	Outdoor Recreation & Leisure Pursuits	3
ENGL 102	College Writing and Rhetoric	3	Soc Sci	General Education Social Science	3
ISEM 101	Integrated Seminar	3	COMM 101	Fundamentals of Public Speaking	2
Science	General Education Natural Science with Lab	4	Science	General Education Natural Science with Lab	4
MATH	General Education Math	3	Humanities	General Education Humanities	3
SOPHOMORE FALL 2019 (16CRS)			SOPHOMORE SPRING 2020 (14-15CRS)		
MVSC 201	Physical Activity & Behavior Change <i>Prereq or coreq: REC 104</i>	3	PEP/PEB/REC	Activity Class	1
PEP/PEB/REC	Activity Class	1	REC 280	Practicum in Recreation, Parks & Tourism	1
REC 260	Foundations of Leisure & Society (F)	3	REC 382 OR HBM 381	Hospitality, Leisure & Recreation Enterprises <i>OR HBM 381 (WSU coop)</i>	3
—	<i>Course in Minor/Cognate</i>	3	REC 395	Diversity in Recreation, Sport & Tourism (S, even yrs)	3
Humanities	General Education Humanities	3	—	<i>Course in Minor/Cognate</i>	3-4
Soc Sci	General Education Social Science	3	Am. Diversity	General Education American Diversity	3
SOPHOMORE WINTER 2019 (3CRS)					
REC 290	Wilderness First Responder (W)	3			
JUNIOR FALL 2020 (15CRS)			JUNIOR SPRING 2021 (15CRS)		
PEP/PEB/REC	Activity Class	1	ENGL —	Advanced Composition <i>(ENGL 207, 313 OR 317)</i>	3
REC 280	Practicum in Recreation, Parks & Tourism	1	REC 240	Recreation Programming & Marketing (S)	3
REC 455	Design & Analysis of Research in HPERD	3	REC 490	Management of Entrepreneurship in Recreation, Parks & Tourism (S, odd yrs)	3
—	<i>Courses in Minor/Cognate</i>	6	REC —	Recreation Elective <i>(REC 408)</i>	3
International	General Education International	3	—	<i>Course in Minor/Cognate</i>	3
ISEM 301	Great Issues	1			
SENIOR FALL 2021 (16CRS)			SENIOR SPRING 2022 (10-12CRS)		
PEP/PEB/REC	Activity Class	1	REC 498	Internship in Recreation, Parks & Tourism <i>(Prereq: completion of all required Recreation courses)</i>	9
REC 424	Inclusive Physical Education & Recreation <i>Prereq: Senior standing OR permission</i>	3	—	<i>Course in Minor/Cognate</i>	1-3
REC 485	Trends in Recreation, Parks & Tourism (F, odd yrs)	3			
—	<i>Courses in Minor/Cognate</i>	9-12			

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Sample Four-Year Plan (Odd) 2019-2020

FRESHMAN FALL 2019 (16CRS)			FRESHMAN SPRING 2020 (15CRS)		
REC 104	Introduction to Recreation, Parks & Tourism Professions (F)	3	REC 107	Outdoor Recreation & Leisure Pursuits	3
ENGL 102	College Writing and Rhetoric	3	Soc Sci	General Education Social Science	3
ISEM 101	Integrated Seminar	3	COMM 101	Fundamentals of Public Speaking	2
Science	General Education Natural Science with Lab	4	Science	General Education Natural Science with Lab	4
MATH	General Education Math	3	Humanities	General Education Humanities	3
SOPHOMORE FALL 2020 (16CRS)			SOPHOMORE SPRING 2021 (14-15CRS)		
MVSC 201	Physical Activity & Behavior Change <i>Prereq or coreq: REC 104</i>	3	PEP/PEB/REC	Activity Class	1
PEP/PEB/REC	Activity Class	1	REC 280	Practicum in Recreation, Parks & Tourism	1
REC 260	Foundations of Leisure & Society (F)	3	REC 382 OR HBM 381	Hospitality, Leisure & Recreation Enterprises <i>OR HBM 381 (WSU coop)</i>	3
—	<i>Course in Minor/Cognate</i>	3	REC 490	Management of Entrepreneurship in Recreation, Parks & Tourism (S, odd yrs)	3
Humanities	General Education Humanities	3	—	<i>Course in Minor/Cognate</i>	3-4
Soc Sci	General Education Social Science	3	Am. Diversity	General Education American Diversity	3
SOPHOMORE WINTER 2020 (3CRS)					
REC 290	Wilderness First Responder (W)	3			
JUNIOR FALL 2021 (15CRS)			JUNIOR SPRING 2022 (15CRS)		
PEP/PEB/REC	Activity Class	1	ENGL —	Advanced Composition <i>(ENGL 207, 313 OR 317)</i>	3
REC 280	Practicum in Recreation, Parks & Tourism	1	REC 240	Recreation Programming & Marketing (S)	3
REC 485	Trends in Recreation, Parks & Tourism (F, odd yrs)	3	REC 395	Diversity in Recreation, Sport & Tourism (S, even yrs)	3
—	<i>Courses in Minor/Cognate</i>	6	REC —	Recreation Elective (<i>REC 408</i>)	3
International	General Education International	3	—	<i>Course in Minor/Cognate</i>	3
ISEM 301	Great Issues	1			
SENIOR FALL 2022 (16CRS)			SENIOR SPRING 2023 (10-12CRS)		
PEP/PEB/REC	Activity Class	1	REC 498	Internship in Recreation, Parks & Tourism <i>(Prereq: completion of all required Recreation courses)</i>	9
REC 424	Inclusive Physical Education & Recreation <i>Prereq: Senior standing OR permission</i>	3	—	<i>Course in Minor/Cognate</i>	1-3
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